

# LĀNA'I TODAY

MARCH 2022



Lāna'i High School Wrestlers Jaeden Dumlao-Ranis, Christian Oliva, and Diesel del Rosario, placed in the top four of their respective weight classes at the Maui Interscholastic League championship February 28, 2022, qualifying them for the Texaco/HHSAA state championship March 4-5, on O'ahu.

Photography by Ron Gingerich

## In praise of women

**W**hen I was six months old, I started to crawl, my mother has told me. Discovering mobility at that age is not exceptional. I know of one young man who skipped crawling altogether and took his first steps at age seven months. Certainly there are countless children around the planet since time immemorial, who displayed an early intellectual or physical brilliance that caused parents to blink in wonder, a brilliance that, given opportunity, drive, daring and belief, could only deepen with time, and flower into the kind of breathtaking genius that changes the world.

But I am not writing about precocious geniuses who were clearly destined for greatness. There are enough books and movies and documentaries dedicated to such exceptional beings. The world knows them. They will never be forgotten.

In honor of Women’s History Month, I am writing about the unsung heroes of life, of women, mothers and aunts and sisters and daughters, who are extraordinary in their own right, no less unforgettable or courageous, made of as fine a clay as Mozart or Einstein or Ruth Bader Ginsberg. I am writing about my mother, who saved my life when I was six months old.

My aunt and uncle had just moved to Nabangig, Philippines, and my mother, eldest brother and I, had come for a visit. Their house had slatted floors with wide spaces between the splines. The house was raised on low stilts, and chickens lived under the house to catch whatever scraps of food had fallen through the slats. That is one of the details of the house that has survived in the retelling over the years, but actually neither that house nor the chickens nor the slatted floors is the point of this story.

I was scooting on the floor, when my cousin, carrying a pot of cooked rice porridge, must have tripped on his way to the kitchen table – though he did not trip on me, as my mother has always pointed out – and in his lurching, the steaming porridge spilled out of the pot. It cascaded over my head like a wave, peeling my skin and leaving it raw. What happened next, what is burnished in my brother’s memory, is that the world exploded with sound – the sound of my piercing screams, of exclamations of shock and disbelief, and that my mother, gone white with horror, was herself a soundless blur of motion and speed, as she scooped me up, and flew out the door, and left my aunt

and uncle’s house without a word, without even my brother.

She had only ten centavos in her pocket, but it was enough for bus fare to a town where Dr. Berting, a friend of the family, and the only doctor in the region, practiced medicine. In the time that it took her to run the two kilometers to the bus stop with me in her arms, I had fallen mute, no longer crying, beyond soothing or comfort, unresponsive and in some kind of shock, and my mother knew I would die if I didn’t get medical care immediately.

I do not know how long the bus ride was to Dr. Berting’s clinic, but I do know it took a while to get there and that someone on the bus was kind to my mother. That is what she has told me. I would like to think this person’s kindness sustained my mother during the long journey, and helped her believe that she still had time, that she would outrun the specter of catastrophe and I might be spared, and that a world that held kindness, that dispensed bad and good luck in equal measure, sometimes simultaneously, might tilt in her favor and grant her a miracle.

It did. She made it to the clinic in time. Any later and I might not have been so lucky, Dr. Berting said. He gave me penicillin in sesame oil, and in time, I recovered. The hair on my head grew back and the skin on my face bears no evidence of a third-degree burn when I was an infant.

There are women, ferocious lions, who would do anything for their children or sisters or brothers or fathers or mothers or grandbabies. They are selfless when they act and make sacrifices every single day. We all know such women. They may not have changed the world in the seismic way that one judges a revolution, but they have shown such courage when disaster has struck. It is this courage that makes them unforgettable. Feet to the fire, all odds against them, these women channel inner reserves of strength they never knew they had, and in the course of the doing and the acting, all in the name of love, have not only changed a life, but saved it. Let us honor and remember and celebrate these women.



Nelinia Cabiles



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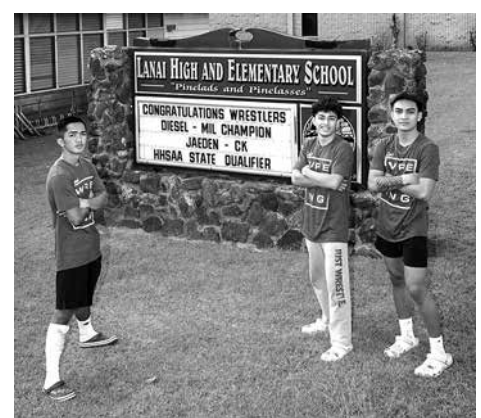
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## Hawai‘i last state to end indoor mask mandate

**G**overnor David Ige announced March 8 that Hawai‘i will end its indoor mask mandate at 11:59 on March 25—when the state’s current emergency proclamation for COVID-19 expires. Hawai‘i is the last state to drop the mask mandate.

In determining it was time to end the mandate, Ige said forty-eight patients were hospitalized with COVID-19 March 8, the first time since last summer that the number has been fewer than fifty.

Gov. Ige noted that hospitalizations are trending down, and “case counts are falling and we are better at treating people who are infected with the virus, booster shots are saving lives and the CDC rates the state’s COVID-19 community level as low all across the state.”

If Hawai‘i were to see another surge in cases, however, Ige said he would be prepared to reinstate the mask policy.

“We strongly recommend people over age 65 with compromised immune systems, people who aren’t vaccinated, and those who care for people at risk of severe illness will wear mask indoors,” says State Health Director Dr. Elizabeth Char. “This is especially important in crowded settings.”

Masks are still recommended indoors in these settings: schools; hospitals, health-care and long-term care facilities; shelters; correctional facilities, and other congregate living situations. Also starting March 26, travelers to Hawai‘i will no longer need to show proof of vaccination or a negative COVID-19 test to avoid quarantining under the Safe Travels program.

## Women’s History Month: empowering a community

Text and photography by Nelinia Cabiles

**T**he electronic billboard on Fraser Avenue on Lāna‘i beams giant positive affirmations every two seconds: “Believe in yourself.” “You are loved.” “Dare to dream.”



Lieutenant Joy Medeiros, Maui Police Department-Lāna‘i branch, came up with the idea of sending positive messages to the community in honor of Women’s History Month, as a way to celebrate and thank the “many hardworking women in this community, whose strength, drive, and passion impact this community,” she says.

In an interview on March 8, Lt. Medeiros shares her thoughts about supporting women, building trust, and the goal of creating a strong community.

### What are your goals for Women’s History Month and this awareness campaign?

You never know what anyone is going through. But we want everyone to know that we see them; we’re here for them. We’re here to listen. One of my main goals [of the campaign] was really to spread positivity throughout the community. Communities all over the world have endured so much the past few years. And are still going through difficult times. It’s time that we, as a community, move forward and . . . rebuild from this pandemic and find our newest normal. So, the main thing was to spread positivity at a time when there’s so much negativity that’s happening all over the world. It was important to put positive messages out there.

### What do you think is a social ill in our community that needs to be brought to light?

For me, it’s not a social ill, but a challenge. It’s the challenge of not reporting criminal incidences in the community. As Lāna‘i patrol, we understand the community is small, close-knit. Information travels very well here. Police involvement plays a crucial role in creating an environment that breaks the culture of silence. Putting an end to the stigma that calling or asking for help is shameful is actually the first step to creating change. That’s one of the challenges I see here, but this is a beautiful, amazing, close-knit community. I couldn’t ask for a better assignment.

### How do you encourage people to report?

Today, we started off with a partnership with the Lāna‘i Domestic Violence Task Force. They’re out there, doing outreach, passing out flyers, information about resources, and what we can do for them. If you need to talk, we’re here. If there’s something you’re scared of – tell us, so we can help you. It’s not: here’s a paper, call these resources. We’re saying, here we are. We’re here for you. Tell us how we can help. We’re ready to help. It’s starting with that. It’s starting with the positive messages we put out . . . because in order for you to speak, you have to know that somebody cares

about you, and you need to care about yourself.

Some people might wonder, why is the police department driving this [effort/campaign]? But that’s where trust starts. You need to know that our heart is in it. We really do care about what’s happening. We want to know: *how can we help?* We’re trying to find different ways of being able to reach out and let people know we’re here.

### What can we do as a community to support women?

It’s important to keep promoting the possibility of possibilities. I like to project to anyone I come across, that there is no limit to who or what you can be in life. As a community, it’s actually really important to shine a positive light on that, so it creates a firm foundation for their future dreams. It really is the work of a community to know there is no limitation. Even though we’re highlighting women’s history month, it’s not only about spreading women’s empowerment, but spreading empowerment, in general. That’s why the slogan for our career fair is, “Never too early, never too late, to dream.” Because we want the community, as a whole, to dream, and continue to work towards these dreams, regardless of age or gender. Because sometimes, dreams are what we live for.

### If there is one key message you could convey to the community, what would it be?

Continuously work to be the best possible version of yourself. One of the greatest obstacles any of us will face are the limitations we set on our own potential. To be able to support people, to let them know they have more potential, is really what we need. I want people to know that they can work at being the best version of themselves. It’s hard. But we can do it.



Lieutenant Joy Medeiros, Maui Police Department-Lāna‘i Branch



Tess Morimoto of the Maui Police Department-Lāna‘i Branch shows her support for Women’s History Month at a sign-waving event on Lāna‘i Avenue March 11, 2022. A march around Dole Park followed the sign-waving.

‘Ōlelo No‘eau - O ke aloha ke kuleana o kāhi malihini. *Love is the host in strange lands.* In old Hawai‘i, every passerby was greeted and offered food whether he was an acquaintance or a total stranger (Pukui 268).

## Candidate filing begins March 1

From the State of Hawai'i Office of Elections

The opening of candidate filing, which begins March 1 and ends June 7, 2022, kicks off the 2022 election year. Individuals interested in becoming a candidate for elective office must complete and file a nomination paper to appear on the ballot, as well as obtain signatures from a minimum number of voters in the district they are seeking office.

To download an Application for a Nomination Paper, and for more information, such as qualifications and election filing requirements, go to [elections.hawaii.gov](https://elections.hawaii.gov). Candidates may obtain and file their nomination paper at various locations statewide. For a list of locations, hours and information about in-person filing, visit [elections.hawaii.gov](https://elections.hawaii.gov) or call (808) 453-VOTE (8683).

The 2022 Primary Election is on August 13; the General Election on November 8, 2022. Hawai'i votes by mail, so voters should expect to receive their ballot eighteen days before each election.

For official election and voter information, visit [elections.hawaii.gov](https://elections.hawaii.gov) or call (808) 453-VOTE (8683). Follow the Office of Elections @elections808 on Facebook, Instagram and Twitter for news and announcements.

## The voting process for individuals living with disabilities

The State of Hawai'i Office of Elections offers guidance on the services available to help individuals living with disabilities with the voting process.

### Right to assistance

You have the right to ask for assistance in the registration and voting process. If you need assistance with completing a voter registration application, using the online voter registration system, or marking your ballot, you are permitted to have a trusted family member or caretaker provide you with the help you need. To maintain the integrity of the election process, be mindful that Hawai'i law does not permit your employer or an agent of your union or your employer's union to provide assistance.

### Voter registration

Instructions for completing the voter registration application are available in braille and audio. These resources can be requested from the Office of Elections, the Hawai'i State Library of the Blind and Print Disabled, or your County Elections Division.

The online voter registration system is compatible with screen readers, so you can take advantage of the quickest way to register to vote by visiting [elections.hawaii.gov](https://elections.hawaii.gov) and using the online application.

### Accessible electronic ballots

If you are a blind or low-vision voter, you can request an electronic ballot by email. An electronic ballot provides non-visual access to the ballot and allows you to independently mark your ballot using your personal compatible device. With the use of a screen reader, electronic ballots allow you to have the instructions and your ballot choices read to you.

To request an accessible electronic ballot, submit a voter registration application or use the online voter registration system at [elections.hawaii.gov](https://elections.hawaii.gov). You will be asked to attest that you meet the qualifications and provide an email address. You only need to make the request once, and you'll be set to receive an electronic ballot to your email every election.

Expect to receive both the electronic ballot and your mail ballot packet about eighteen days before each election. Once you've voted on your electronic ballot, you have a choice to either electronically send your ballot back to your County Elections Division or mail your voted ballot using the return ballot envelope enclosed in your mail ballot packet.

### Accessible in-person voting

If you wish to vote in person, voter service centers are ideal for communities living with disabilities, as these voter service centers are equipped with accessible voting equipment for voters to cast their vote privately and independently. Verity voting devices include the Verity Touch Writer used for accessible voting at the voter service centers.

Verity Touch Writer features include: touchscreen interface; adaptive controllers; compatibility with tactile switches and sip and puff devices; access to audio through headphones; adjustable text size and screen contrast for better visibility.

To use the Verity Touch Writer, mark your choice on the device, then print the ballot. The printed ballot is the same as the one used by all voters, whether at the voter service center or by mail. After reviewing the printed ballot, you will then cast your vote.

If you have questions regarding any of these services, contact (808) 453-VOTE (8683) or email [elections@hawaii.gov](mailto:elections@hawaii.gov)

If you have recently moved or changed your mailing address, remember to update your voter registration so the delivery of your ballot is not delayed. Update your information online or print the voter registration application.

## Wednesday's child: woe no more

Text and photography by Nelinia Cabiles

With rates of COVID-19 infections falling in the state, the Hawai'i State Public Library System announced it would return to a full week to include Wednesday, beginning March 2, 2022. Since August 18, 2021, all library branches state-wide had been closed to the public on Wednesdays, because of high infection rates of the Delta and Omicron variants. The Wednesday reopening, six and a half months later, would seem to serve as a curious and poetic symmetry, offering yet another promising sign, one among many, that the pandemic's grip may finally be waning.

Chelsea Trevino, library technician, Lāna'i Public and School Library, is happy about returning to a full schedule. She has sat for months on end in the library's lobby, which had become by necessity, a pop-up station, to check visitors' vaccination cards or negative COVID-19 tests, before she could allow them entry into the library.

"I feel like it's the beginning, of doors opening wide, and giving everyone access to the joy of reading, and being able to share this space that brings such happiness to our lives," says Trevino, of the Wednesday reopening.

Historically a physical space for bibliophiles, the modern public library has pushed beyond conventional boundaries and kept pace with technology, creating novel ways to engage and motivate readers, including virtual reading challenges. Every season, participants can log time spent reading, explore booklists inspired by the theme of the month, and win prizes provided by the Friends of the Library of Hawai'i.

We're trying to step away from prize incentives, though, says Trevino. "The point of these virtual reading challenges is not the prizes," she says. "The point is to get people reading," she says. To register for the current reading challenge, whose theme this season is Women Changemakers, visit [librarieshawaii.beanstack.org](https://librarieshawaii.beanstack.org).

The Lāna'i Public & School library, 555 Fraser Avenue, now offers passport processing, by appointment, (808) 565-7920. Its new hours are: Monday, Tuesday, Wednesday: 9 a.m.-11 a.m.; 12 p.m.-4 p.m.; Thursday: 12 p.m. to 4 p.m.; 5 p.m.-7 p.m.; Friday: 12 p.m.-4 p.m.



Chelsea Trevino, library technician, Lāna'i Public and School Library, says she is happy about all public libraries state-wide returning to a full weekly schedule, including Wednesday, beginning March 2, 2022.

**Kīkī kō'ele huli a mahi.** *An uncultivated patch awaiting all workers.* A big project (Pukui 193).

# I Ka ‘Ōlelo Nō Ke Ola! In the Language there is Life!

Text and photography by Na Simeona Seisho Tajiri

**E**ko Lāna‘i, aloha! He wahi ho‘omaopopo a he leo paipai nō ho‘i kēia: Ua kō ke kau ho‘oilono Lono a hiki mai ke kau wela no Kū-ei‘a ho‘i ka wā kūpono e kāinoa ai no ke Kula Kaiapuni ‘o Lāna‘i! Ua hāmama nō nā ‘ipuka kula no nā haumāna o ka papa mālaa‘o, ka papa ‘ekahi, a me ka papa ‘elua o ka makahiki a‘e. E nā ‘ohana, e ulu a‘e ka ‘īini e komo kāu keiki, e kelepona mai i ke kula no ka luna kākau inoa a laila e kipa i ke ke‘ena kula no ke ki‘i ‘ana mai i ka pū‘ulu palapala kāinoa ma nā hola 10-12 o ke awakea a i ‘ole nā hola 1-3 o ka ‘auinalā. No laila, e nā lehua kamaha‘o o Malulani! E ke kauno‘a lei o kahakai, e hui mai kākou i ho‘okahi kahi ka mana‘o, i ho‘okahi kahi pu‘uwai, i ho‘okahi kahi ke aloha, a e hō‘ola aku kākou a pau i kēia ‘ōlelo makuahine o ka ‘āina, kēia ‘ōlelo Hawai‘i. Ola ka ‘ōlelo! Ola nō ‘o Lāna‘i!



Meyah Mitsuko Fujie prepares the base of her lauhala basket. (Hawaiian Conversation & Culture class)

Aloha, Lāna‘i! The rainy season of Lono is complete and the sultry season of Kū has arrived – and with that, the time to register in Kula Kaiapuni ‘o Lāna‘i is here. Classes are now open to incoming students of kindergarten, grade 1, and grade 2. Families who are committed to give their child a Hawaiian immersion education may call the school and ask for the Registrar, then pick up their registration packet at the office between 10 a.m.-12 p.m. or 1 p.m.-3 p.m.

Therefore, to the wondrous lehua blossoms of Malulani and the kaunao‘a lei of the shore, may we all be of one mind, of one heart, united in our aloha to revive the native language of this land, ‘ōlelo Hawai‘i. Life to the Hawaiian language! Life to Lāna‘i!

Mana‘o o nā mākuā o Ke Kula Kaiapuni ‘o Lāna‘i/Comments from Kula Kaiapuni ‘o Lāna‘i parents:

“I wanted to say mahalo to Ke Kula Kaiapuni ‘o Lāna‘i and LHES for offering this Hawaiian immersion program here. This has been a year of personal growth for myself and my family. I have been able to learn more of the Hawaiian language and culture with my child.

There are currently two evening classes offered to parents who have children in the program. These classes give parents the opportunity to collaborate, learn Hawaiian, and grow a strong group of individuals. As a group, we work together to provide outstanding education for our keiki alongside the kumu who have a true dedication to student success in more than just academia. I knew enrolling my child in this program would mean I’d need to be more involved. I knew it would be, personally, more time consuming. And since I preferred homeschool over the traditional public school system, I knew this would be a perfect blend of both education types. I’m grateful that, as a family, we decided to enroll in Ke Kula Kaiapuni ‘o Lāna‘i, and I’m excited to see what next year will bring for our keiki on Lāna‘i.” - **Kendra Medeiros, makuahine**

“I moved to Lāna‘i almost a year ago and my family soon after. Having our younger daughter in this class has been amazing. We’ve made new connections: to other ‘ohana, to the school and teachers, and to the rich history and culture of this place.” - **Ben Sheets, makua kāne**

“Our son is in the Hawaiian immersion class and we have no regrets. He has a deep connection and strong foundation to Lāna‘i and Hawaiian culture.” - **Kerri Glickstein, makuahine**



Kapuahinano Ropa and Keali‘iokalani Pacheco prepare ho‘okupu for the Makahiki.



Kula Kaiapuni ‘o Lāna‘i students

# Responses to Hawai‘i dropping its indoor mask mandate

**Remima Lipan:** I feel life is getting better. It’s been less stressful for my kids.



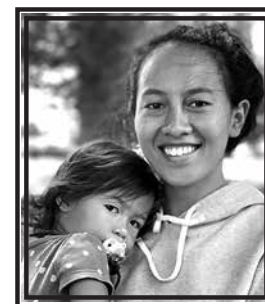
**Hunter Etrata:** I’m fine with dropping the mask mandate. But I’m going to still wear my mask, and I will still social distance.

**Ricky Etrata:** [Wearing a mask] will depend on where I’m at, how crowded it is. Because when you wear a mask you’re really protecting other people.



**Carole Ostrem:** It’s certainly more comfortable to not wear a mask, but I’m 81 years old and I feel safer with the mask. I’ll continue to wear it.

**Carol Albright:** Well, COVID is getting under control. It seems to be going okay. But if the cases go up again, I can see a mask mandate being reinstated.



**Tabitha Medeiros with Malia Kaupe:** At this point, I don’t even think about it. I’ve been noticing that people are relying on masks. They’re like a security blanket. We’re used to it. COVID will be a part of our lives.

**Malie Quitevis and Lehiwa Siliga**  
**Lehiwa:** I just do what my mom tells me. But not wearing a mask spells freedom.



**Puhalu ka ihu, nānā i ke kā‘ao.** When the scent reaches the nose, one sees the overripe hala fruit [fallen to the ground]. One only notices the many good things a person does when it is too late to show appreciation (Pukui 298).

## In-person graduation ceremonies back for 2022

From the Hawai'i Department of Education

The Hawai'i Department of Education released guidelines February 23, 2022, for in-person graduation ceremonies for the class of 2022, which include safety and health measures for students, staff and families.

In addition to adherence to Department of Health safe-gathering guidelines, commencement events must follow DOE guidelines, including: An option for voluntary student participation. Schools may consider providing a virtual option for those who do not wish to attend an in-person event and to help promote smaller crowd sizes.

- Outdoor ceremonies, or venues with adequate ventilation or fans/filtration systems. Third-party venues that comply with county social gathering rules are allowed.
- Proof of vaccination or a negative COVID-19 test result taken within 48 hours of the ceremony.
- A pre-set number of household members as guests per graduate. The number of guests will be determined by each school based on capacity. No additional guests will be allowed.
- The use of facemasks at all times.

Dates and other details will be announced in April.

## Lāna'i Skate Park community meeting

County of Maui Department of Parks and Recreation

The Department of Parks and Recreation will host a community meeting from 3 p.m. to 4 p.m., April 6, 2022, at the Lāna'i Community Center, to present preliminary design plans for the Lāna'i Skate Park. To help with the skate park's project design, Parks and Recreation welcomes community feedback.



Paiea Chang, grabbing air

California Skateparks, a concrete skate park construction and design company in Upland, California, has been awarded the project design contract.

For more information, call Kris Baptist, Parks Capital Improvement Plan coordinator, at (808) 270-6158, or send an email to [kristofer.baptist@co.maui.hi.us](mailto:kristofer.baptist@co.maui.hi.us)

For general Parks and Recreation information, please visit [www.maui-county.gov/parks](http://www.maui-county.gov/parks)

## Pedestrian-friendly zone on Sixth Avenue

Text and photography by Nelinia Cabiles

How many miles of sidewalk line the streets of Lāna'i? Definitely less than a 10K. A good guess would be about five miles, but even that might be a stretch. After March 11, when Peterson Bros. Construction of O'ahu completes its sidewalk work on Sixth Street, sidewalk-loving pedestrians can tick on another quarter mile or so on their pedometer, if they stroll on Sixth, from Lāna'i Avenue to Fraser Avenue.

Kapena Au, chief executive officer of Maui Traffic Control Services, whose company subcontracts with Peterson Bros. to ensure a safe work zone, says the sidewalk project on Sixth Street is just phase one of a multi-phase sidewalk and repaving effort on Lāna'i. Peterson Bros. will be repaving Gay; Eleventh; Houston; Jacaranda, and Seventh Streets, Au says. The project is expected to be completed sometime in April, 2022.



Kapena Au, chief executive officer, Maui Traffic Control Services



The sidewalk project in its early stage



Peterson Bros.' work crew pours . . .



and smooths out concrete

## SLICE of LIFE - Text and photography by Nelinia Cabiles

A group of people gathered around 5:30 p.m., March 7, 2022, in the front parking area of the Dole Administration Building on Lāna'i Avenue to protest the wearing of facemasks.

Front row, left to right: Logan, Colby, and Rex Calderon, Chucky Dombrigues (standing). Back row, left to right: Harper Calderon, Ky-mani Benanua, Po'okela Benanua, Elenita Benanua, carrying PJ; Kim and Ben Castellon.



**Ua ola no i ka pane a ke aloha.** *There is life in a kindly reply.* Though one may have no gift to offer to a friend, a kind or a friendly greeting is just as important (Pukui 311).

## The use of ipu ho'okele wa'a in Pacific voyages

Contributed by 'Ānela Evans

The sky above is a blanket of stars. The sails of the wa'a kaulua (double-hulled sailing canoe) billow in the wind, snapping and cracking as the wa'a tacks along course. The lei hulu manu (feather lei), a wind indicator, secured to the top of the boom, flutters wildly and glistens in the moonlight.

The ho'okele (wayfinder) unfastens the ipu ho'okele wa'a (navigation gourd), lashed to the mast, takes it to the canoe's side, lowers it into the ocean and fills it with sea water, then carefully climbs out of the hull, ipu in hand and makes his way to the deck. He draws the kōkō (net bag) taut over the mouth of the ipu, then brings it up to his eye. Through the sight holes, he peers at Hōkūpa'a 'Ākau, the North Star or Polaris, to calibrate the ipu. He carefully sets the ipu down on the deck and verifies its alignment. Observing the placement of the stars, he calls out to the crew to adjust the sails. As they work, he sits in silence and memorizes the placement of the stars in the reflection of his water-filled ipu.

Native Hawaiians and other Pacific Islanders used innovations, such as the ipu ho'okele wa'a, to calibrate their position and direction. As early as 400 A.D., they voyaged regularly between Hawai'i and the South Pacific. Their extremely intricate relationship with the natural environment allowed for their complex understanding of the world around them, including the stars and celestial bodies.

In the early 1900s, David Malo Kupihea, a caretaker of fishponds at Kalihi Kai, O'ahu, was interviewed by Theodore Kelsey, a photographer and researcher. Kupihea described an ipu ho'okele wa'a used by fishermen of Kahaka'aulana (Sand Island), O'ahu. He stated that the ipu ho'okele wa'a was still used in 1879-1880 by fishermen traveling on extended expeditions of up to six months. Fishing for opelu and aku, they traveled to Kuaihelani, which Kupihea described as, "Nihoa, Necker, and the islets beyond."

Kupihea's narrative provides insight into a traditional Native Hawaiian technique used to organize the night sky. To observe the position of stars, a kōkō was drawn tightly over the opening of the ipu. At every 45 degrees around the circumference of the rim, a pu'u mana (double hitch knot), was fashioned into the kōkō. Each maka (eye of the net) and each pu'u mana had a specific name. Pu'u mana were also made in specific areas of the kōkō to mark the position of hōkū ho'okele wa'a (important stars used for wayfinding).

Severe population decline and the near extinction of the Hawaiian language resulted in the loss of intergenerational knowledge transfer critical to the continuation of native customs and traditions such as wayfinding. While native scholars recorded fragments of this ancestral knowledge, without the practicum, the comprehensive system of traditional Hawaiian wayfinding failed to survive the passing of time. Thus, in the 1970s, when the Polynesian Voyaging Society built Hōkūle'a, they sought guidance from elsewhere in the Pacific.

Their search led them to Satawal, Yap, the home of master wayfinder, Pius Mau Piailug. Papa Mau, as he was affectionately known, used a traditional Satawalese star compass, a mental construct that organizes the night sky. Papa Mau served as a mentor to the first Native Hawaiian wayfinder of contemporary times, Nainoa Thompson. Under the guidance of Papa Mau, Thompson fashioned Kūkuluokalani, a derivative of the Satawalese star compass. This is the star compass employed by wayfinders of Hōkūle'a and other current Hawaiian wa'a kaulua.

The ipu ho'okele wa'a and the traditional Satawalese star compass are two examples of the ingenuity and advanced skill of the indigenous peoples of Moananuiākea. Thompson's iteration is a modern-day example of the application of ancient knowledge and practices to continually drive innovation while honoring our past. It's no wonder that our ancestors were able to explore the largest ocean on earth long before other travelers!

## The gift of a lei

Text and photography by Nelinia Cabiles

My friend lays three palapalai ferns on the table and starts braiding. She adds a frond at a time, and weaves in pinna (leaflets) to the lei to add fullness. My job is to fan out the pinna for her, arranging them, and the blades of fern, in individual piles, so she can braid pinna and blades and fronds in a smooth and seamless run, as though the lei of lacy fern were a passage of music.

She has known the work of the most illustrious lei makers on Lāna'i, and is herself Hawaiian, and perhaps that is why she is too humble to call herself a master lei maker. But it is obvious my friend knows her way around the palapalai fern, laying the blades over and under each other, weaving in good wishes, kind thoughts, and love, her hands both gentle and strong and sure, as the lei grows long and full and shapely. I have arrayed pinna, stacked blades of greenery, and my hands are coated with fern dust and smell like damp earth and rain and the sap of budding plants. The fragrance fills my entire office, as though she has been making palapalai lei in a forest all afternoon. She goes through one and a half boxes of palapalai ferns to braid two lei. She will give them to two friends of hers, for that is the point of making a lei: to give it away. To be gifted with a handmade lei is to understand in an instant the beauty and generosity of the giver, for the lei maker's intent shines through: *I was thinking of you when I made this.*



### OBITUARY

## Alejandro D. Haban October 16, 1927 - February 17, 2022

Alejandro D. Haban, of Lāna'i City, went to our Lord on February 17, 2022. He was born on October 16, 1927, in Santa Lucia, Ilocos Sur, Philippines. He was the last surviving member of the 1946 Sakadas.

A celebration of life and services will be held 10 a.m., March 19, 2022, at the Sacred Hearts Church, Lāna'i City.

Alejandro was a retired mechanic with Dole Company. He was also an avid hunter and fisherman. He is survived by his wife, Maria; children Arthur (Elena Dimaya), Dony (Pamela Calpo), Anita (David Nakamaejo), Nadine (Cedric Malunay), Kelly (Dave Siruno), Alvin, Steven (Stacia Badua), Julie (Wen Zhao); 14 grandchildren, 25 great-grandchildren, nieces and nephews.



**Ua lehulehu a manomano ka 'ikena a ka Hawai'i.** Great and numerous is the knowledge of the Hawaiians (Pukui 309).

## The art of the takedown

By Nelinia Cabiles Photography by Ron Gingerich

There are no secret moves in wrestling, no escape maneuvers to which only the most elite wrestler are privy. Takedowns and reversals, an arm bar, a cross face – all moves become known over time by newbies and veteran wrestlers alike. It’s mastering those moves, of knowing exactly which move to use when, that separates the dilettantes from the dedicated, the escape artists from the pinned.

“You shake your opponent’s hand and wrestle man to man. For every move, there’s a counter move,” says Alan Sanchez, wrestling coach, Lāna‘i High School. “You push, they push. And what you’re trying to do is put somebody on their back. Someone’s going to lose.”

So, when two wrestlers are evenly matched in skill and weight, what does winning come down to? “How badly do they want it,” Sanchez answers. “How big their heart is. And conditioning.”

LHS Wrestlers Diesel del Rosario; Jaeden Dumlao-Ranis; and Christian Oliva proved how badly they wanted to win at the Maui Interscholastic League championship February 28, 2022. Each wrestler placed in the top four of their respective weight class, qualifying them for the Texaco/HHSAA state championship. del Rosario won the MIL boys title outright at 120 pounds, making LHS history by becoming the first sophomore to nab a MIL crown. And he did it without opponents scoring any points on him. Dumlao-Ranis won second place in the 113-pound final; and Christian Oliva, at 106 pounds, finished fourth.

Jesse del Rosario, Diesel’s father, who coaches with Sanchez, agrees that wanting to win and conditioning form the foundation of good wrestling, a sport of two-minute rounds of intense, physical maneuvering. “It’s about working hard to have the stamina to outlast your opponent,” del Rosario says.

The wrestlers’ pre-season work included runs to the Lāna‘i airport and back before and after a two-hour practice. During the season, the boys ran “20 indoor cardio laps with stairs, did pull-ups every five laps, sprints, and worked on the mat,” says Dumlao-Ranis, who would go on to place sixth in his weight class at state’s, his first-ever appearance there. Diesel del Rosario sustained a concussion in the state match, and Oliva advanced to the second round.

Dumlaor-Ranis says his endurance and agility helped him best his opponent, whom he pinned within 10-15 seconds in the second round. “We were pushing each other around, and I saw he couldn’t throw me. A lot of people die out in the second and third round,” he says, adding that he owes his state finish to conditioning and training with his teammates.

Because Lāna‘i has a small number of wrestlers, you are only as good as your teammate, says Sanchez. “Not every year do we go to state’s. It’s a blessing when they do, and can stand on the podium.” Doing well in competition is. Sanchez says, “the direct result of who trained harder, who worked out harder, before and after practice. The kids who come to wrestle, they’ve figured out that wrestling’s what they want to do. It’s fight or flight.”

Sanchez could well be describing his LHS champion wrestlers, fighters who keep their cool, put in their time on the mat, train in and off season – a team of all action, all work, and pure heart.



Jaeden Dumlao-Ranis (top) and Christian Oliva.

## The naming of Hōkūāo’s streets

COMMUNITY NEWS

Text and photography by Nelinia Cabiles

What goes into the naming of a street?

If it is a street name for Hōkūāo, Pūlama Lāna‘i’s residential project, plenty. Shelly Preza, executive director of the Lāna‘i Culture and Heritage Center, was asked to come up with street names for Hōkūāo. She felt fortunate that the traditional name of the area, Hōkūāo, had been maintained, and thought deeply about how to honor this new extension of the community.

As Hōkūāo is the Morning Star, or Venus when observed in the morning, the idea of using sky imagery to represent the cycle of a day came to her. “As the sun rises every morning, it signals the potential that exists in each new day. The Hōkūāo community symbolizes the same possibility – the chance for fresh opportunity and conscious growth,” she wrote in the street naming proposal.

Preza chose names based on meaningful sky features that she hopes will inspire the Lāna‘i community, carefully selecting each name for both its significance and accessibility. She consulted with fluent ‘ōlelo Hawai‘i speakers, Lāna‘i kūpuna, and ‘ohana generationally-tied to Lāna‘i, who reviewed and approved the proposed names.

There were other considerations to keep in mind. As per the Standards for Street Naming and Renaming (Section 2.98.040, Maui County Code), using a street name more than once on any island is to be avoided, and that existing streets shall retain the name which has been historically accepted through common usage, unless the street is renamed by the Maui County Council.

The Hōkūāo Housing Project, Street Naming Application, submitted to the County of Maui Department of Public Works December 1, 2021, reflects the care and thought that went into selecting Hōkūāo’s street names: “We hope these names will honor the intention of Hōkūāo and enrich the lives of our community for years to come.” As indicated in the proposal, the brief definitions come from the Hawaiian Dictionary ([wehewehe.org](http://wehewehe.org)):

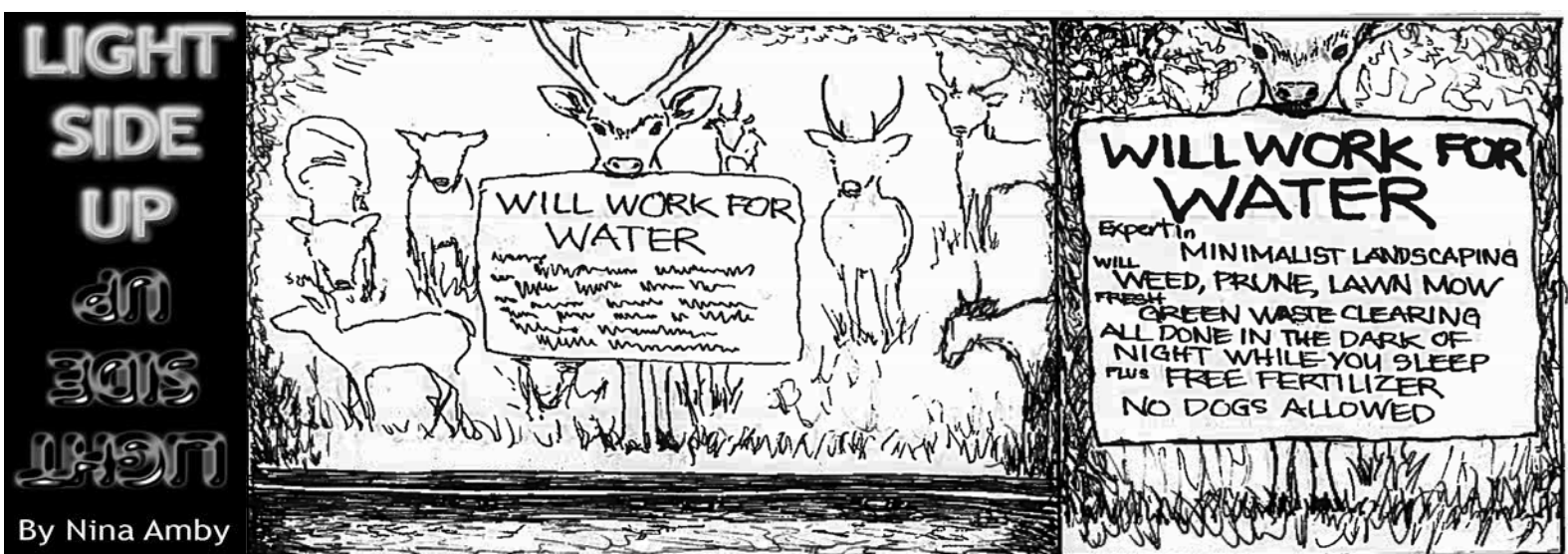
Kaiao: nvi. Dawn; to dawn; to enlighten. Ua kaiao kakou, it is dawn for us; we are enlightened.

Kahikū: v. To rise higher, of the sun, to a stage between kahikole and kau i ka lolo (noon).

‘Onohi: n. Patch of a rainbow; also the eyeball, the center.

Kaupua: n. puffy, cumulus or billowy clouds, same as ‘opua, often interpreted as omens.

Laukālai: n. Halo or rainbow around sun or moon (same as luahoana).



Wini ‘i’o no! How pointed! Said of a too-bold person who questions his elders, intrudes where he is not wanted, or talks out of turn (Pukui 322).



# From the Farm B Celebrating health and nutrition in March

Brought to you by the farmers and leaders at Sensei Ag

**T**he month of March is rich in celebrations. We honor women’s contributions to history, we celebrate the life of Prince Kūhiō, and we embrace optimism. Yes, National Optimism Month is a real thing! In the Sensei Ag world, where we’re passionate about bringing vibrant crops and nutrient-rich produce to life, being optimistic is at the heart of what we do. As we care for each plant, we remain ever hopeful that each seed advances to salad or salsa or whatever form brings deliciousness to your plate. Symbolic of the hope for good things to come, March also brings National Nutrition Month®, offering weeks of motivation and expert advice to move us all towards better and more healthful eating and exercise habits.

So how to start achieving better health? The experts at the Academy of Nutrition and Dietetics, founders of the national annual campaign, have simplified thirty-one days of healthy eating into digestible week-long goals. The registered dietitians at Sensei Ag sound off with practical tips and ways to bring each goal to life. By the time next month arrives, you’ll be a nutrition pro, too!

**Week 1: Eat a variety of nutritious foods.** Variety is as simple as including whole grains, lean proteins, and colorful fruits and vegetables at meals and snacks. Complement this rainbow of colorful and nutrient-dense choices with some of your favorite cultural foods and traditions to further bring flavor, health, and conversation to the table.

**Bring it to life:** Fill up on fiber-rich, nutrient rich, vibrant fruits and vegetables at meals and snacks. Enjoy at least two to three servings of both fruits and vegetables, incorporating these gems for a unique take on some of your favorite cultural recipes. Fresh, frozen, without added salt and sugar, or canned options, all count towards your daily servings.

**Week 2: Make it personal.** Your nutritional needs are unique, and despite what you might hear, there’s no “best diet”, no singular eating pattern that works for every single person. This week, consider if an appointment with a registered dietitian (RD) might be just what you need to help you reach your personal health goals and nourish your best self yet.

**Bring it to life:** Check with your healthcare team to see if a meeting with a RD is possible or necessary. If an appointment isn’t possible or needed, ask about recommended resources so you can teach yourself to eat healthfully.

**Week 3: Plan to succeed:** With long-term health in mind, writing down your weekly meals (and shopping list!) and prioritizing healthy fare helps simplify the week and keeps nutrition top of mind. And when you’re out and about and on the go, promise yourself that you’ll order or pack healthful food and drinks.

**Bring it to life:**

1. Write down each day’s answer to the age-old question, *what’s for dinner?* Think through the meal. Does it include a rainbow of color and is it rich in nutrients? If it isn’t, add in a side (or two) of vegetables, plus fruit for dessert. Time spent planning will eliminate some of the stress of meal prep and effectively map out a week-long path towards healthy eating.
2. Make a list: Review your recipes and then write down the ingredients you need to get, so there are no surprises mid-way through cooking.
3. Have a back-up plan. Just in case you run short on time or energy, think through some healthy options you can order when you’re exhausted or on the go (or both!).

**Week 4: Create flavorful, delicious meals at home.** Time to flex your culinary muscles. Still building? Countless cookbooks and online resources are available to help you fine-tune cooking and meal prep skills. Or play it safe and put a spin on some tried-and-true menu items (see below for a few ideas). Already a pro? Make this the week you try a new recipe, a new global flavor, a new cuisine from around the world. A new favorite just might be Kalua Pua’a Salad with BLT Ranch Dressing (recipe below)! And whenever possible, make nutrition a family and community affair. Consider enjoying your new favorite meal alongside family and friends.

**Bring it to life:** Take some familiar favorites and build upon them. Homemade pizza? See how many vegetables you can add as toppings. Diced broccoli, spinach, bell peppers, tomatoes, mushrooms and zucchini all work well. Side salad? Go beyond iceberg lettuce, adding in more color and crunch. Start with a base of colorful Sensei Farms Lāna‘i Mix, and crunch with Sensei Farms Crystal Lettuce and a blend of colorful, diced fresh vegetables.

## Kalua Pua’a Salad with BLT Ranch Dressing

*A colorful spin on a familiar favorite. This dish tastes best when dining with family and friends and sharing stories about favorite celebrations and cultural traditions.*

Servings: 4

Ingredients:

For salad:

- 1lb smoked, shredded pork
- 1 cup cubed, fresh pineapple
- 1 cup cubed sweet potato
- 2 Tbsp. avocado or olive oil
- 1 cup shredded cabbage
- 4 oz. Sensei Farms Lāna‘i Mix

BLT Ranch Dressing:

- 2 slices fully cooked, crispy bacon, crumbled
- 2 Tbsp. Sensei Farms Lāna‘i Mini Tomatoes, chopped
- 1 Tbsp. barbecue sauce
- ¼ cup ranch dressing

Directions:

Preheat oven to 425 degrees Fahrenheit. Drizzle a sheet pan with oil. Add cubed sweet potato to the pan. Sprinkle with salt and toss to cover in oil. Bake for 10 minutes. Carefully remove from oven and add cubed pineapple, shredded pork, and shredded cabbage to the oiled pan. Toss to combine. Return pan to oven and cook for an additional 10 minutes or until sweet potato is tender. Remove pan from oven and set aside.

While pork mixture cools, make dressing by combining all ingredients in a small mixing bowl and whisking until combined. Set aside.

Wash and dry lettuce mix. Tear into bite-sized pieces and divide between four bowls. Top each bowl with equal amounts of cooled pork mixture and drizzle with BBQ Ranch Dressing.



**He pōki‘i no Makoa.** *Makoa’s younger brother.* Said in admiration of a speedy athlete. Makoa was a speedy runner in Kamehameha’s day whose swiftness gained him fame (Pukui 98).

# Lānaʻi High School's 2022 Senior Prom



Contributed by and photographs courtesy of 'Iolani Zablan

**T**he prom: a chance to give young people the chance to develop social skills and have fun. For about a year and a half, COVID has taken over our lives – from canceling sports, school, high school events, and so much more. When school returned, the goal for this year's senior class was to seize every opportunity and make it the best year of their lives. Prom was one of those opportunities.

We would like to thank everyone who made this possible. If you only knew the trials and tribulations we faced just days before the prom, you'd be very surprised.

We would like to give our thanks to the parents of the senior class for pulling together and helping out every way they could; to Four Seasons Resort Lānaʻi for allowing us to hold this event and providing us with decorations, food and support; to Kamaka Airlines for the amazing prizes and donations; to Chris Mirafuentes, Bonita Sandi, Richard's Market, Pine Isle Market, and Kaunoa Services, for all of their donations. Mahalo to Hawai'i's Finest Media for providing photos and capturing so many amazing moments. Mahalo to Ross Morita for providing the music for us. Also, a big thank you to Aunty Susu and Uncle Ronald Woolsey, Aunty Kris and Uncle Saul Kahihikolo, Dale and Naale Kapua, Dave Tanjian, Michele Zablan, Alfred Bolo, Crimson Soberano, and the rest of the chaperones for helping put this event together; to Aunty Susu and Uncle Ronald for jumping in with both feet and helping us put this together in a short amount of time. We couldn't have done any of this without all of you. We, the Class of 2022, are extremely grateful! ~ *'Iolani Zablan, Senior class advisor*

"The experience of this year's prom was good. It was definitely hard work, but I enjoyed it very much and it definitely exceeded my expectations. There were so many festivities and the food was MOPS." ~ *Jordan Belista, Senior class secretary*

"This year's prom was definitely one to remember. It was also better than my sophomore year prom, the only other prom I went to. One thing I like about this year's student body – and it was cool to see it in prom – is that the students are pretty close, despite the "cliques." Not only were the games amusing, the food was delicious. All around good times. I am very content and satisfied with my senior prom." ~ *Allen Adams, Senior class treasurer*

"Due to COVID-19, I was not able to experience a prom during my freshman year. I was super excited to hear that prom was actually possible this time and I tried my best to encourage others to take advantage of it, because COVID taught me not to take time for granted. Prom gave me the true "OMG I'm actually in high school" feeling. I learned I can't dance or sing, but I didn't seem to care because in those moments, I was having fun surrounded by people I love and that was all that mattered to me." ~ *Alexa Pascual, Sophomore class president*



Senior Prom 2022 Royal Court: Anela Kahihikolo; Pumehana Kapua; Faith Arruiza; Paige Suyat-Santos; Allen Adams; Jaeden Dumlao-Ranis; Jose Louis Baltero; William Dulay.



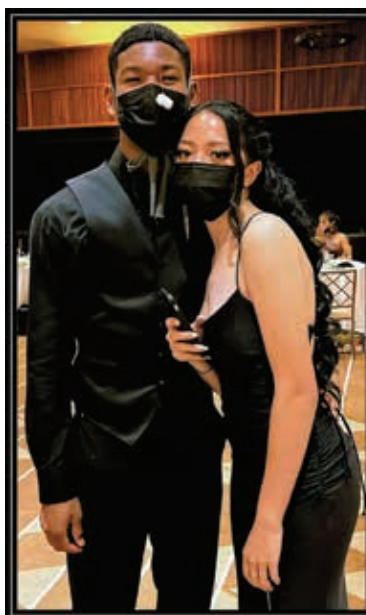
Bottom row, left to right: Kamrynn Kanno, Hayley Ostrander, Leisha Figueras, Alexa Pascual, Eliasha Romero. Top row, left to right: Sivanny Seiuli, Keala Montgomery, Souina Seiuli.



Senior Prom 2022 King and Queen: Allen Adams and Paige Suyat-Santos



Students getting competitive in a game that Susu and Ronald Woolsey put together.



Allen Adams and Pumehana Kapua



Prom-goers, playing a game by the Woolseys



Elly's Formal Wear & Bridals on Maui provided the senior class boys with tuxedos.



Kristian Kraytchev, Keala Montgomery, and Sivanny Seiuli



DJ Halepenyoface (Ross Morita) and prom attendees



Table 16 poses for a picture before dancing the night away.

# Scenes behind *First Base*



By Nelinia Cabiles Photographs courtesy of Lucie Reese

**W**hen Lucie Reese, a ninth grader at Lānaʻi High School, applied for a directing internship from the Lānaʻi Academy of Performing Arts (LAPA) in July last year, she had no idea the decision would lead her to making a movie about her grandfather, Rich Reese, who, in the summer of 1971, went to a baseball tryout camp, with the hope of playing ball for the Detroit Tigers.

Having landed the internship, Reese found herself needing a subject. “I was about to see [my grandparents] in August,” Reese says, when the idea came to her: “Why not make a film about my grandfather?”

She knew parts of her grandfather’s story: he had grown up in and lived in Deshler, Ohio, and was a good athlete. He was working as a plumber, and playing community baseball for the Deshler Merchants, when he saw an ad in the local newspaper, calling for ball players to try out for the Detroit Tigers. The allure of playing in the major league, and encouragement from his uncle Mick, a father figure to Rich Reese, stirred the young man to throw his hat in the ring, so to speak.

“[The tryout camp] would change his life,” says Reese, who would learn, through a scrapbook of old newspaper clippings that her grandmother had saved, one that would serve as her primary source of biography, that her grandfather signed with the Detroit Tigers, and would later be drafted, playing first base, to the Minnesota Twins. Reese is fascinated with a story’s backstory, of the question: “How does a person get from this point to that point?”

The movie, *First Base*, which Reese is directing and producing, is her attempt to answer the question of a person’s trajectory, of the moments and decisions that change the course of one’s life forever. For the movie, Reese is compressing the arc of her grandfather’s life to just the few days before the tryout camp.

Reese is thankful to the community for its help and support, including Phoenix Dupree, who donated the space in the Blue Ginger Café so Reese could conduct auditions.

She wants to stay true to the facts of that time period, so she has asked her dad what tryout camps were like, and has pored over the scrapbook to write the movie’s script. Staying true has also meant making concessions to the pandemic, filming scenes of people not wearing masks only when it was safe to do so. Reese anticipates wrapping up filming by early summer.

In making the movie, she has discovered Lānaʻi’s hidden talents, individuals who bloomed in front of the camera, including Louis-John Romero, who nabbed the role of Rich Reese. Tom Stuck, cast as a Detroit Tigers tryout coach, has a theater background, and Duke Schaefer, who plays a Detroit Tigers scout, played for the Milwaukee Brewers.

“Uncle Duke created and improvised. ‘I need a ball. And a whistle,’ he said. There’s an authenticity to those scenes,” says Reese.

“I love that everyone is bringing their dreams, their past. This movie is an opportunity for them to share their stories,” says Caroline Reese, Lucie’s mom.

What Reese appreciates is the inherent collaboration in movie-making: “It starts with what you see in your head,” she says. “Everyone collaborates, and help brings the idea to life.”

*First Base* is Reese’s way of honoring her grandfather, and thanking him for working hard and following his dream. Because if there is a takeaway lesson that Reese has learned from this experience, it is that having a dream is not enough. One needs belief and courage to make it happen.

“Because it is possible. Even in the word impossible, there is: *I’m possible*. You need to do what you’re truly passionate about, ’cause you just don’t know what will happen,” Reese says. “My grandfather’s story drives me. It motivates and inspires me. It proves that if he did it, you can, too.”



Lucie Reese, filming Louis-John Romero, who plays Rich Reese, and Adam Purdy, a baseball player



Louis-John Romero



Lucie Reese, *First Base* director and producer



Reese, calling the shots



Kainalu Sunio and Julian Elaydo, baseball players



Duke Schaefer, in the role of baseball scout, and Tom Stuck, a baseball coach in *First Base*



Anthony Pacheco plays Uncle Mick.

# Lānaʻi Community Health Center

## Scholarship Opportunity



The Lānaʻi Community Health Center (LCHC), being an advocate and provider of care for the community of Lānaʻi, aims to support its residents who have academic goals in pursuing higher education in health sciences or an administration/finance career in the health service industry. Through this scholarship, LCHC has an opportunity to recognize and

support Lānaʻi students who are committed to their education. We are seeking out individuals who have excelled in academics, leadership, extra-curricular activities, and community service. It is the hope that those who receive this scholarship will return to Lānaʻi to become positive and influential members of the community in the health service industry. Scholarships in the amount of \$1,000 will be awarded to full-time students and \$500 for part-time students. The scholarship must be used towards tuition, books, and other college expenses (receipts will be required).

### Eligibility Requirements - Applicants must:

- Be a Lānaʻi resident graduating from Lānaʻi High and Elementary School or attending a university or college (preference will be given to LHES 2022 graduating seniors)
- Be accepted to an accredited, post-secondary US community college or university (attach proof of acceptance or transcripts) for the academic year 2022-2023.
- Major in the medical & health science related field.
- Must have a cumulative GPA of 3.5 or higher

**Application Process:** To apply, students may submit their application starting January 1, 2022 and NO LATER than April 22, 2022.

- A completed scholarship application form.
- Resume: academic achievements, school and community services and other extra-curricular activities.
- One academic letter of recommendation.
- One professional letter of recommendation.
- Official high school or college transcripts.
- Letter of acceptance from an accredited college or university
- Personal essay: Please address the following questions in a two-page essay.
  - o Summarize your academic achievements, leadership roles, community services, and other extra-curricular activities.
  - o Indicate the area you plan to pursue and how it will impact the community of Lānaʻi .
  - o Summarize your short- and long-term goals.
  - o Indicate how this scholarship will allow you to achieve your goals.

Please submit application materials to: Lānaʻi Community Health Center, 333 Sixth Street or mail to P.O. Box 630142, Lānaʻi City, HI 96763 T: (808) 565-6919 F: (808) 565-9111 E: [cfiguerres@lanaihealth.org](mailto:cfiguerres@lanaihealth.org)



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and  
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SCAN ME

## Financial Assistance

Did you know that **LCHC** has financial assistance (i.e., sliding fee scale, budget plans, etc.)?

Lānaʻi Community Health Center (LCHC) offers a Sliding Fee Discount Program (SFDP)! This program applies to LCHC services. No patient is denied service due to an individual's inability to pay. LCHC provides:

- A full discount to individuals and families with annual incomes at or below those noted in the most recent Federal Poverty Guidelines (FPG); and
- No discount to individuals and families with annual incomes greater than 200% of the FPG. Family Planning Program services are discounted if individual or family income falls between 200 and 250% of the FPG. Partial discounts based on family size and income will be extended to individuals and families with incomes above 100% and below 200% of the poverty level. See the LCHC website ([www.lanaihealth.org](http://www.lanaihealth.org)) for more detailed information or call our office and ask for Finance to address questions.

**Open Monday - Saturday with evening hours available!**

**"We are looking for someone great to join our team! Maybe its you or someone you know? Contact us for information about our referral program!"**

### LCHC Career Opportunities

- FRONT DESK REPRESENTATIVE
- FACILITIES HOUSEKEEPER
- MEDICAL ASSISTANT
- COMMUNITY HEALTH WORKER
- REFERRAL SPECIALIST

Send your resume and cover letter to [Cfiguerres@lanaihealth.org](mailto:Cfiguerres@lanaihealth.org) or drop off at Lānaʻi Community Health Center at 333 6th St.

**565-6919 - [www.lanaihealth.org](http://www.lanaihealth.org) - @LanaiHealth**



*View Our Careers*



## CAREER OPPORTUNITIES AT LĀNA'I COMMUNITY HOSPITAL

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### COMPREHENSIVE BENEFITS INCLUDE

- Medical
- Dental
- Paid Time Off
- 401k
- Flexible Spending Account
- Tuition Reimbursement
- Employee Assistance Program

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- Staff Nurse
- Hospital Aide - SNF
- Recreational Aide
- Cook II
- *and more!*

For more information, visit  
[mauihealth.org/careers](http://mauihealth.org/careers)

#### PAID NURSE AIDE TRAINING PROGRAM

Do you have a passion for people and want to make a difference in many lives? Earn while you learn!

**Start date:** July 11, 2022

**Duration:** Six (6) weeks

**Requirements:** Anyone with a high school diploma or GED may apply.

**Contact us for more information:**

Shayna Pasalo, Recruiter

[Shayna.X.Pasalo@kp.org](mailto:Shayna.X.Pasalo@kp.org)

Maui Memorial Medical Center  
Maui Memorial Outpatient Clinic  
Kula Hospital and Clinic  
Lāna'i Community Hospital



Lāna'i  
Community Hospital  
MAUI HEALTH



Feeling ono for salad, but need a change from lettuce and sprouts? Try ogo (limu) with fresh tomatoes, cucumbers, ginger and drizzle with rice vinegar and a dash of shoyu. Sweetness, crunch, and a tang of salt from the ocean. Yum! You can only get limu at PINE ISLE MARKET!

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 8 a.m. - 9 a.m. - medical & senior citizen hours  
 Monday - Saturday  
 9 a.m. - 6 p.m. - General Public  
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 SOCIETY OF HAWAII

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Monthly Take - February 2022

<b>111</b>	<b>45</b>	<b>33</b>
Hunts	Deer	Mouflon



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THE LAST WORD

Text by Nelinia Cabiles Photography by Shelly Preza

COMMUNITY STEWARDSHIP DAY AT THE KOA FOREST

The Lānaʻi Culture and Heritage Center’s Community Stewardship Day at the Koa Forest on February 19, 2022, was not an outdoor event to plant seeds, per se, but there was a sense, as school-age youths, young families, and community members lopped branches of invasive strawberry guava (*Psidium cattleianum*) and hauled away weeds in bulging tarpaulins, that figurative seeds of stewardship, of the need to take care of our place and land, were taking root.

Some forty-eight individuals, representing a wide swath of the community, including Lānaʻi residents, employees from Four Seasons Resort Lānaʻi, Pūlama Lānaʻi, volunteer hunters from the Lānaʻi Community Stewardship Program, part of the Kuahiwi a Kai initiative, converged at 9 o’clock Saturday morning on the leeward slope of Lānaʻi Hale, to pull weeds and root out invasive species from the six-acre koa forest.

For Shelly Preza, executive director of Lānaʻi CHC, the Lānaʻi Community Stewardship Program is just one of several of the Center’s programs to connect community members and students to the land, as they learn about the island’s history and culture.

“There is no line between nature and culture, between natural conservation and cultural preservation. We want people to know that when they’re taking care of the biocultural landscape, they’re doing both,” Preza says. “Lānaʻi CHC is committed to educating our youth and promoting awareness of the natural and cultural history of Lānaʻi. It all comes down to the legacy we want to leave behind for future generations.”

Lānaʻi CHC will be hosting two more such Community Stewardship Days – at Hiʻi (March 19) and Kānepuʻu (April 16), all culminating in the Center’s inaugural Kupulau Festival April 30, 2021. Register at [www.lanaichc.org/kupulau](http://www.lanaichc.org/kupulau)

For more information on the Lānaʻi CHC’s educational and stewardship programs or to make a donation, visit [www.lanaichc.org](http://www.lanaichc.org)



Forty-eight community members volunteered their time and weed-pulling skills at Lānaʻi Culture and Heritage Center’s Community Stewardship Day at the koa forest.



Volunteer hunters from the Lānaʻi Community Stewardship program (not pictured: Eddie Morimoto)



Natalie Ropa, board member of the Lānaʻi CHC, with her infant son, Kaeo



The task for the day: pulling weeds



Four Seasons Resort Lānaʻi employees



Kari Bogner, botanist, Pūlama Lānaʻi, with young stewards



Stewardship of the land starts at a young age



Pūlama Lānaʻi employees (not pictured: Curtis Onuma)