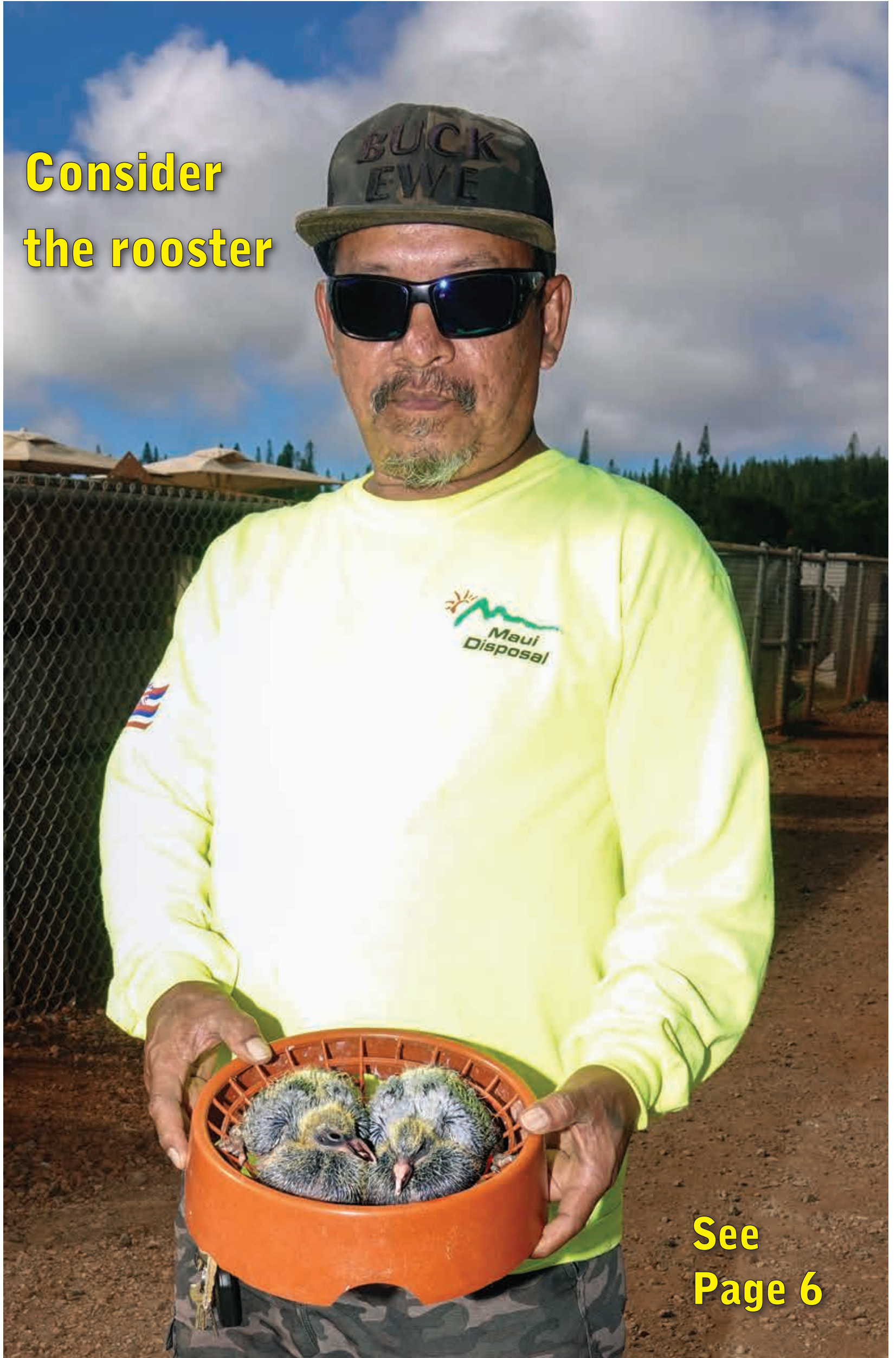


LĀNA'I TODAY

JULY 2021



**Consider
the rooster**

**See
Page 6**

Mario Diesta raises racing pigeons; he holds a pair of month-old squeakers. Diesta was among the many tenants at the Lānaʻi Community Garden who received notice May 28, 2021, that effective August 1, 2021, use for the Community Garden will be specific for use as “a garden to grow approved produce for personal consumption”; and to raise “egg laying fowl only. No roosters or any other types of animals will be allowed in the garden.”

Photograph by Ron Gingerich

The banana patch

The summer I turned eleven, I ran everywhere on the island that I could get to by foot. There were rules: never set off alone (always go with a cousin); get mom’s or dad’s or an older sibling’s okay; return home within three hours and before sunset, if I had a late start. It was a time constraint that kept my cousins and me just at the end of a wilderness, a radius of five or so miles, where we felt comfortable—and had enough time, given our top speed at a dead sprint, if it came to it—to explore.

If a place were animate and had a memory, Three Tunnel, Ski Forest, the grove of guava trees below the cemetery, and all points east enclosed in the forests below the Hale, knew my cousins and me. They knew the sound of our voices, the way we laughed, the things we found amusing. They knew our stories, our dreams and secrets, such as they were, for we were young and innocent, still weightless in the world. Nothing terrible had happened to us.

The island was to me, at that age, as safe a place as there could ever be. And yet there were places in town I was not allowed to stop at or enter, even for a minute to have a quick look: the bowling alley, the old man bench, and the banana patch. Something in my mother’s tone, something sealed-off and unyielding in her eyes, let me know I was not to ask questions. Any discussion was in the domain of adults, beyond a child’s understanding, and not my business to know. The topic was closed.

Of the three, the bowling alley was the safest and most knowable. It represented leisure and disposable cash, none of which our family had. My mother did not frown upon those who frequented the bowling alley, but theirs was a freedom or a way of life that was so alien to her that she never entertained it as a possibility for herself or for us. She picked pineapples, and was as disinterested about the place as she could be about something she would never know, such as being a bouncer, say, or a street sweeper. And so I grew incurious about the bowling alley, with its louvered windows and featureless construction, and the aromas of hamburgers and French fries and teriyaki meats that sometimes hung in the air when I walked past it on my way to my grandma’s house.

It was easy to tell, from the corner where The Local Gentry is now, but which used to be Emura’s, if an old man in a straw fedora hat was sitting at the old man bench, in which case, I would turn on my heel and head left toward Richard’s Market, keeping as much distance as I could for safety. I knew little about the man, except that he wore a hat, and was dressed for his daily outings, in tones of sage or khaki, the colors of a safari hunt. I did not know who he was related to, for Lāna`i is a constellation of families whose lines intersect and tessellate in every possible direction, and I did not know his family. Everyone knew him as Dong-Dong, the vowel an *oh* sound in *dough*, but I am sure Dong-Dong was not his name. Sometimes, there were other old men on the bench with him and that’s how they passed their hours, watching passersby and moving cars, and talking story. I was afraid of Dong-Dong, and the old man bench, but it was a fear that was a spider’s web of hearsay and innuendo, an intuition based on the unknown and worst-case scenarios.

I knew things went on in the banana patch, growing in deep shade in a sward on the far side of town, things that scared me, for they involved the darkness of men and things that are done in secret.

My mother called the place bolangan (*boh-lah-ngan* in Visayan), a word that had something to do with gambling and roosters and knives and cockfighting, a world far removed from ours, for my father is not a gambling man and he has never raised gamecocks. It was a world at the edge of a wilderness beyond my understanding. And I am glad that my mother protected me from it.

If I was afraid and too young then, to know about darkness and violence and the death of animals that went on in the banana patch and ask why, I am not now. I am a writer, and I am ready to see this darkened wilderness and bring it into the light.



Nelinia Cabiles

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Hawai‘i’s pre-travel testing, quarantine ends July 8

From the Office of the Governor

Hawai‘i Governor David Ige announced that effective July 8, the State of Hawai‘i will eliminate its pre-travel testing/quarantine requirement for domestic travelers to Hawai‘i who have been fully vaccinated in the United States.

Travelers must upload their Center for Disease Control-issued vaccination record card to Hawai‘i’s Safe Travels Program website and present a hard copy of their card upon arrival in Hawai‘i.

“We anticipate that on or about July 8, Hawai‘i will have achieved a 60 percent vaccination rate. Our residents have sacrificed and worked hard to get to this point, but we still have more to do. Please get vaccinated to protect yourselves and your loved ones. We are close to achieving a 70 percent vaccination rate, at which point all restrictions will end and we can return to the lives we remember,” said Gov. Ige.

A sixty percent vaccination rate in Hawai‘i will mean social gatherings increase to twenty-five people indoors and seventy-five outdoors, and restaurants may increase capacity to 75 percent, with maximum group sizes limited to twenty-five indoors and seventy-five outdoors, as well, starting July 8. Gov. Ige also announced that statewide vaccination goals will not affect the counties’ policies regarding structured events, weddings, etc. This applies only to travel, social gatherings, and restaurants. Although gatherings restrictions will end when the state achieves a 70 percent vaccination rate, restaurants will continue to be regulated in the normal course by the Department of Health, which may establish new, permanent rules in light of the pandemic.

Cut to the chase

Community

- The **Lāna‘i Culture & Heritage Center** launched the **Lāna‘i Community Stewardship Program**, its hunting initiative, July 1. **First week stats:** 42 resident hunters signed up; 37 hunters went out, some on multiple days. Ungulates harvested: 40. Free program. Resident hunter sign up information: 4 p.m. - 6 p.m., Monday - Friday, Stewardship Office (old courtroom in Dole Admin). Hunting days: Monday - Friday, sunrise to sunset. A Saturday hunt will be added in August. Monthly take information to be published, starting next month. Visit <https://lanaichc.org/hunting>.
- Doug Boyer, from the Lower Kuskokwim School District in Bethel, Alaska, is the new principal at **Lāna‘i High School**. Boyer’s academic tenure begins Fall 2021.
- **Maui Economic Opportunity (MEO)** offers in-person help with mortgage, rent and utility applications, including copying documents, reviewing and submitting applications for approval. Call (808) 565-6665 to make an appointment.

Business

- **Expeditions’** ferry service now available seven days a week, beginning June 27. **Departures from Lahaina:** 6:45 a.m.; 9:45 a.m.; 1 p.m.; 4 p.m. **Departures from Mānele Bay:** 8:15 a.m.; 11:15 a.m.; 2:30 p.m.; 5:30 p.m. Baggage limit and restrictions on oversized items, coolers. Call (808) 661-3756 for details.
- **Pūlama Lāna‘i:**
*Maui County Affordable Housing Committee meeting on the **Hōkūau affordable rental project:** August 2, 2021 (meeting agenda will be published late July). Community input is an important factor during the Committee’s review. For details on how to offer written or oral testimony virtually, or for training on BlueJeans (if unfamiliar with this platform), or for more information on the project, call Diane Preza, director of Community Affairs, (808) 224-5769, or email dpreza@pulamalanai.com

Lanaians

- Every two years, the University of Hawai‘i-Maui College, Lāna‘i (UHMC), recognizes students who earned their degrees and certificates from UHMC and the University Center, Maui. The pandemic sidelined the program in 2020. UHMC congratulates these students for their academic achievements:
Associate of Applied Science OR Associate of Arts degree; Certificate of Achievement from UHMC:
 - **Kimberly Calderon**, Applied Science, Accounting 2021; Certificate of Achievement, Accounting, 2021
 - **Daniel Forsythe**, Liberal Arts, 2021. Currently attending University of Hawai‘i-Mānoa, College of Education
 - **Lucena Gaceta**, Liberal Arts, 2019; Associate of Applied Science, Business Administration, 2019; Certificate of Achievement, Business Administration, 2019
 - **Amaya Ho‘opi‘i-Baptista**, Liberal Arts, 2020. Attending Pacific Lutheran University in Washington State in Fall 2021
 - **Mairine Kaiko-George**, Certificate of Competence in Human Services, 2021
 - **Sherece Magaoay**, Certificate of Competence in Human Services, 2021
 - **Roxanne Morita**, Liberal Arts, 2020. Currently attending UH-West O‘ahu
 - **Ryllah Rodrigues**, Liberal Arts, 2020. Attending UH-Mānoa, College of Education, in Fall 2021
 - **Tower Vergara**, Liberal Arts, 2020. Attending UH-Mānoa, Business/Marketing, in Fall 2021**Bachelor of Arts and Doctor of Philosophy** from University Center, Maui:
 - **Jennifer O‘Driscoll**, Bachelor of Arts, Business Administration, UH-West O‘ahu, 2018
 - **Erin Nakano**, Doctor of Philosophy, Learning Design and Technology, UH-Mānoa, 2020

‘Ōlelo No‘eau - **Ka ulua kāpapa o ke kai loa.** *The powerful ulua of the deep sea. A strong warrior. The ulua fish is a strong fighter (Pukui 175).*

Environmentalists set deadline for DOT to fix bright lights

From Center for Biological Diversity press release

Two conservation groups June 30, 2021 provided formal notice of their intent to sue the Hawai'i Department of Transportation if it fails to take immediate steps to prevent bright lighting at state-operated airports and harbors on Maui and Lāna'i from killing and injuring three species of critically imperiled seabirds.

The Newell's shearwater is a threatened species, and Hawaiian petrels and Band-rumped Storm petrels in Hawai'i are endangered species. According to the June 30 notice from the Conservation Council for Hawai'i and the Center for Biological Diversity, represented by the nonprofit law firm Earthjustice, DOT's continued failure to protect these native seabirds from harmful operations at its facilities violates the federal Endangered Species Act.

In August 2017, the Center and Conservation Council sued the department to stop the deaths of these seabirds at facilities on Kaua'i. The seabirds circle the bright lights at the department's facilities until they fall to the ground from exhaustion or crash into nearby buildings.

Bright lights have contributed significantly to the 94 percent decline in the population of threatened Newell's shearwaters on Kaua'i since the 1990s, and have also harmed endangered Hawaiian petrels, whose numbers on Kaua'i have plummeted by 78 percent in the same period.

"We're saddened that it may take another legal action to force the transportation department to stop ignoring its facilities' role in the senseless deaths of Hawai'i's imperiled seabirds," said Maxx Phillips, the Center's Hawai'i director and staff attorney. "There's no reason why the state should be allowed to continue flouting the Endangered Species Act when simple measures could ensure bird safety."

"The Department of Transportation has already taken steps to stop killing and injuring imperiled seabirds on Kaua'i, so the department knows what to do," said Leina'ala Ley, an attorney with Earthjustice. "To save these birds from extinction, the department needs to implement similar measures immediately on Maui and Lāna'i. There's no time to waste."

"State agencies should set the gold standard for protecting Hawai'i's wildlife," said Moana Bjur, executive director of the Conservation Council for Hawai'i. "Private landowners, companies and other organizations are expected to comply with Endangered Species Act rules and standards. The department's failure to file habitat conservation plans for their airports and harbors is negligent and unacceptable."

The largest Hawaiian petrel breeding colony is located on Maui in Haleakalā crater, and the second-largest breeding colony is located on Lāna'i. A breeding colony of Band-rumped Storm petrels was recently discovered at Hauola Gulch on Lāna'i and is only the third such colony to be identified in the state, making it an important site for future efforts to protect and recover this species.

The department's airport and harbor facilities are among the largest documented sources of seabird deaths from light attraction on Maui and Lāna'i. The lights used by these facilities are tall, freestanding and exceptionally bright, making them attractive to the threatened and endangered seabirds. Additionally, coastal lights like those at Kahului Airport and Kahului Harbor cause more fallout than inland lights, meaning these lights are particularly dangerous for the seabirds.

The groups seek to compel the department to comply with its obligations under the Endangered Species Act by securing incidental take permit coverage for its activities on the two islands. As part of permitting, the department must develop a habitat conservation plan specifying measures it will take to minimize and mitigate harm, such as shielding or eliminating its bright lights, and fencing nesting colonies to prevent predation of nesting seabirds and their chicks. The Act requires that citizens provide sixty days' advance notice before filing a lawsuit to address illegal activities.



Newell's shearwater Photograph by Brett Hartl, Center for Biological Diversity

Reducing the risks of wildfires

Contributed by Jon Sprague, co-director of Conservation, Natural Resources, Pūlama Lāna'i

Summer is here, and with it, long hot days, and dry weather. Perfect weather for the beach, summer break, and lū'au, but, unfortunately, also perfect conditions for brush fires. The fires we had over the first few months of the year reminded us all of how dangerous they can be. Hawai'i fires tend to burn hot and fast, moving quickly across the landscape, especially in strong winds. In the wrong conditions, brush fires can burn faster than a person can run, and the smoke can easily overwhelm anyone downwind. In addition to the threat to people and property, brush fires are harmful to Lāna'i's ecosystem. Our native plants did not evolve with fire as part of their natural history, which means they are more heavily impacted when fire does occur, and slower to grow back. Non-native and invasive grasses and woody plants easily invade native habitat after a fire, which can cause permanent damage to Lāna'i's watershed.

Most fires in Hawai'i are caused by people, either intentionally or by mistake. Fortunately, there are things we can do to keep Lāna'i safe and reduce the risk of wildfire. Here are some tips from the Department of the Interior that we can all follow:

- Know the current fire risk conditions when you go out – there is a sign at the top of Dole Park that is updated regularly.
- Never park your car or truck in tall grass! Car and truck exhaust systems can easily become hot enough to start a fire in dry grass, and are a major source of fires across the United States.
- Be careful with open flames! Don't throw cigarettes onto the ground or into dry vegetation. Not only are you littering, but you could start a fire. This goes double for fireworks.
- Be careful with cooking or camp fires; use barbecue grill containers when possible and always drown your fires when you're done with them, stirring up the coals with water to put the fire completely out. Make sure you have a bucket, extra water, and a shovel. If the weather is particularly dangerous – high winds, multiple weeks without rain, etc. – don't start a fire at all. Avoid the risk.

If you do see a wildfire, first and foremost, get yourself and anyone around you to safety. Once you are safely away from the fire, call 911, report the fire, and make sure you're not in the way of Maui Fire Department when they respond. Have a good, safe summer.



The windward side of Lāna'i Photograph by Nelinia Cabiles

WILDFIRE
Prevention Tips

- Check your forest district's wildfire alert system and for high winds before creating an outdoor fire
- Never leave any fire unattended
- Completely extinguish any outdoor fire you create with water and dirt
- Don't throw cigarettes, other smoking materials or matches on the ground or out of vehicle windows
- Be mindful when operating equipment outdoors that can create heat or sparks
- Speak up and alert authorities if you suspect someone is in danger of starting a wildfire

Mālama o pakū ke au. Take care not to break the gall bladder. Watch that you do not do anything to cause bitterness (Pukui 231).

Walk therapy

Text and photography by Nelinia Cabiles

For weeks, Yvonne Urbas-Leboeuf sat outside on the porch of her rental house, planning her wedding, her thoughts swirling from reception logistics and invitees, and invariably, without fail, to her neighbor’s dog. A labrador and pitbull mix, the dog was chained to a small corner in the yard. A garden grew between her rental home and the neighbor’s house, but greenery did not obscure her line of sight. The dog was always there, unhowling, uncomplaining, as dogs often are, a bound fixture that haunted her days, as she pecked at the keyboard on her laptop and squared away wedding details.

She thought about the dog constantly, and felt anguish as she watched him trotting back and forth and from one side to the other, the revolution of his entire life constrained by the length of his yoke, until one day, an idea bloomed in Urbas-Leboeuf’s mind, and would not quit. It wasn’t a perfect answer, but the best one that was in her heart to summon. It was a small act, she thought, but it was something she could do, and when she saw the neighbor in his yard, she knew the time had come. So, she screwed up the courage and crossed her yard to where he was in his.

“Hi!” Urbas-Loboef said. “I need exercise and I love dogs and I love to walk dogs. I wish I had a dog. Would it be possible if I could walk your dog?”

Her neighbor was very friendly, Urbas-Leboeuf recalls, and receptive to the idea. People aren’t always open, she says. Sometimes they’re annoyed or feel defensive when you ask. But her neighbor said yes to her walking Boomer, his dog. That was fourteen years, a wedding, a husband and child, and tens of hundreds of dog walks and runs, ago. Urbas-Leboeuf hasn’t looked back since.

She has taken as many as seven dogs for a walk, though her average is typically five at a time, and she tries to walk the dogs in her charge at least once a week. She was walking/running Boomer and a few other dogs so often during the first few weeks after Boomer’s owner gave his okay that her wedding dress had to be taken in several times. The dogs were so happy to be out, she says, that they would take off sprinting once they were afield on Kaumālapa‘u Highway, a spectacle of dogs on a madcap tear, their leashes flying behind them, with Urbas-LeBoeuf struggling to keep pace, prompting a motorist to honk his horn and shout, “who’s running who?”

“When I was growing up, I don’t remember walking my dogs a whole bunch either,” says Urbas-Leboeuf, a middle-school teacher at Lāna‘i High School. But seeing Boomer day in and day out, his movements circumscribed, and feeling that all dogs deserve to run or walk or play, impelled her to act, out of love. She couldn’t *not* do something.

“These aren’t bad people,” Urbas-Leboeuf says, understanding that some dog owners work long hours and simply don’t have the time or they become physically compromised, unable to walk their dogs. “Sometimes, they just don’t know what a dog needs. Or they’ve taken on more than they can handle, or they’re depressed,” she says.

He needed to be walked, she says simply, of Boomer. No dog should be imprisoned.

Urbas-Leboeuf has such an affinity for animals she named her son Aidan, after the patron saint in the Catholic faith, known for his kindness to animals. She hopes that Lāna‘i will become a more dog-friendly place, where shop owners leave out water bowl for dogs, and she dreams of creating a place called the Bamboo Sanctuary, a nonprofit group that pairs animals with people who are struggling with addiction, helping them in their journey to recovery, the bamboo symbolizing “strength, flexibility, and health,” she says.

But those are long-term goals. For now, Urbas-Leboeuf has more than enough on her plate – a full-time job and her family – to keep her busy. She considers her dog-walking as mutually beneficial. “There are times when I’m tired, but I think of the dogs and know that a walk will help them feel good. It’ll make *me* feel good. [Going for a walk] is the right thing to do,” she says, adding that whatever good one does moves outward, becoming part of a growing circle of goodness. “When you do something good, if you are of loving service to someone, you improve yourself as a human being. Your life will improve,” she says. “I promise you it will.”

Editor’s note: If you know of a dog or have a dog that could use some exercise or a good walk every week, please email me, ncabiles@lanaitoday.com, and I will pass on your information to Yvonne Urbas-Leboeuf.



Yvonne Urbas-Leboeuf with her dog, Lucy (right), and her neighbor’s dog, Jack



Going for a walk Photograph courtesy of Yvonne Urbas-Leboeuf

Getting fit, no mask required

Following a strong vaccination rate in

Hawai‘i, mask mandates and social distancing rules began to ease, starting in spring.

Lāna‘i’s vaccination rate is 70.1 percent, as of July 10, 2021 (health.hawaii.gov).

To celebrate the easing of restrictions, the Lāna‘i Health and Community Center moved from fitness classes on Zoom to in-person outdoor classes, capping a new season of fitness, outdoors and mask-free, with a Zumba class for its Family Fitness Night May 25. “Family Fitness Night brings together families. It’s fun, and it encourages people to join classes and make fitness a part of their lives,” says Cindy Figuerres, associate executive director. Anyone who registers for Family Fun Night is entered into a prize drawing. (The Manele Koele Charitable Fund provides funding for a few prizes.)

Other in-person LCHC classes for the month of July include Tai Chi, Whole Body Stretch, Youth Soccer, and Zumba. (Youth soccer runs June-July 2021.) All classes are located in the lower football field by the community pool. For a monthly schedule of classes, or to register for Family Fun Night or a fitness class, go to lanaihealth.org, or call (808) 565-6919.



A youth in LCHC’s youth soccer class eyes his target as his opponents hoof it to cover the play. Photograph by Nelinia Cabiles



‘A‘ole e ‘ōlelo mai ana ke ahi ua ana ia. Fire will never say that it has had enough. The fire of anger or of love will burn as long as it has something to feed upon (Pukui 26).

Consider the rooster *Part one of a series*

Text and *photography by Nelinia Cabiles

The rooster lay supine on the ground, unmoving, his hackles and cape of auburn feathers radiating out from his body like a small fire, trampled. There were clumps of dirt and grass on his beak, as though he'd skidded on his face. His comb was cut, as was his wattle. He looked maimed, his toes and claws bent at awkward angles or intentionally broken, for defense, so they might grow a certain way, one could suppose, to pierce or slice another rooster in a ring. His claws were useless to him now as he lay dying. One eye was open, his gaze unseeing, fixed inward into his suffering. Someone* had found him June 25, 2021, on the dirt road that runs along Lānaʻi stables, and called for help. There was no way to tell how long the rooster had been there, though it was obvious to the finder that the bird was close to death. Judging from his condition and the distance between the town and the dirt road, the rooster was likely discarded there, left to die in the weeds and dirt, the last ignoble act his owner meted out, the last one the bird would endure, among other such cruelties, in his brief and fettered and violent life as a fighting chicken.

On May 28, tenants of the Lānaʻi Community Garden, some of whom are chicken farmers who use their plot of land to house chickens (a classification that includes roosters and hens for purposes of this story), received a letter from Pūlama Lānaʻi, unequivocal and direct in tone, informing them that effective August 1, 2021, the Community Garden would be used specifically as a garden “to grow approved produce for personal consumption only” (no commercial use was allowed); and to raise “egg laying fowl only” – fowl defined as domestic hen raised for food or meat (either meat or eggs), with a limit of thirty fowl per unit. No roosters or any other types of animals would be allowed in the garden. The tenants had until August 1 to comply. If they were unable to do so, the letter served as a forty-five day notice that their lease would be terminated July 19. The letter instructed tenants to “use the next few weeks to find alternative housing for your roosters, birds and other animals that do not meet the definition of “egg laying” fowl.”

Given the timing of the letter and the discovery a few weeks later of the dying rooster, abandoned on the outskirts of town, far from flock or coop, seems, then, not a random, senseless act, but a deliberate one.

The outcry from Lānaʻi's chicken farmers to the letter's second point regarding roosters was vehement and immediate. Social media, such as Facebook, exploded with posts of their anger and frustration and outrage.

To anyone who has grown up on Lānaʻi or has lived here for many years, the unspoken issue the chicken farmers were grappling with wasn't only the expulsion of their roosters from the Community Garden, though finding alternative housing would certainly be onerous and costly and time-consuming. The problem went deeper than that, a problem that has persisted for generations, not just on Lānaʻi, but across the state, one that, in the sixties through the eighties, and perhaps even later and earlier than that, was carried out in the open every Sunday on our island, in the banana patch of what is now the lower part of Iwi'ole, and now moves in secret from place to place to avoid detection and evade law enforcement. The problem was, and is, cockfighting.

If the chicken farmers were looking for supporters when they posted their opinions on Facebook, they found them. They also found a contingent who support chicken farmers who raise chickens for eggs and meat or breed them for shows, but are opposed to cockfighting. The online chatter swelled and grew rancorous and nasty, full of invectives, falling into camps divided between those against cockfighting, those who found roosters with their incessant and inescapable din a nuisance, and those who have skin in the cockfighting game. There are those, too, in the community, outside of this social media thread, who believe that cockfighting is a form of animal abuse.

Isaac Belez, tour driver for Rabaca Limousines, one of few who was open to having his name published in this paper, was forthright in his social media post, giving voice to an element of cockfighting that some in the community conveniently ignore:

“After reading all of this bashing of people's opinions, which I despise,” Belez wrote, “it seems most are for keeping da roosters. The big problem is dat cock fighting is ILLEGAL in da USA.”

Mike Lopez, manager of Hulopo'e Beach Park and the Lānaʻi Community Garden, Pūlama Lānaʻi, posits that sakadas probably brought chicken fighting to Lānaʻi and understands that cockfighting is part of the culture in the Philippines. “It might be legal in the Philippines, but cockfighting is not legal in Hawai'i,” he says.

The illegality of cockfighting in Hawai'i, considered second-degree cruelty to animals, a misdemeanor punishable by up to a year in jail, as well as the inhumane treatment of roosters, specifically bred for aggression in a blood sport that places two roosters wearing knives or artificial gaffs and going “beak to beak in a small ring and encouraged to fight to the death” (<https://www.asPCA.org/improving-laws-animals/public-policy/cockfighting>), were not arguments that sixteen chicken farmers* wished to hash out at any length during a meeting June 22, 2021, at the old man bench on Eighth Street. They wanted to discuss how the May 28 letter, outlining the use of the Community Garden, negatively impacted them. (Gabe Johnson, Maui County councilmember, who holds the Lānaʻi seat, was also present at the meeting.)

The consensus among the chicken farmers (and one pigeon breeder) was that they all had invested time and labor and money to house their birds at the garden, having dismantled coops and other structures and then moved their birds from the old community gardens to the new one sometime in February 2020, and now their birds were suddenly being expelled. It wasn't fair, they said. What were they supposed to do with their roosters? They weren't consulted about the change.

Actually, there was no change. According to a Community Garden timeline provided by Pūlama Lānaʻi, the one-year lease at the new Community Garden began March 1, 2020 for most tenants. The language in the March lease states that “only chickens for food consumption will be allowed. No fighting cocks, gamecocks, or raising of fowl for fighting allowed.” If they signed the contract, all tenants knew exactly what the terms were regarding animals.



Dying rooster found near the stables June 25, 2021 *Name of photographer withheld to protect the photographer's privacy.



The rooster's maimed feet and toes *Name of photographer withheld to protect the photographer's privacy.



Mario Diesta, who breeds racing pigeons, with his rooster

A chicken farmer argued that “owning roosters, raising chickens is part of our culture. Pūlama means “to cherish”. I want the company to live by those words. This culture is part of Lānaʻi. Cherish *our* culture,” he said.

It is not illegal to raise fighting chickens (gamecocks). Although many people interviewed for this story recognize that raising chickens may well be part of the Filipino culture, no one could embrace the brutality of cockfighting for which gamecocks are bred. It isn't the culture of raising chickens, but the culture of cockfighting and the inherent violence in it, that many find reprehensible. *Names have been changed or persons rendered anonymous to protect individuals' privacy.

Part two: the conversation with chicken farmers continues; cockfighting's association with gambling, drugs, theft, extortion; a study shows a correlation between animal abuse and family violence.

Na ka mikimiki mua no ka loa'a. *The first on the spot is the one who receives.* The Hawaiian equivalent of “First come, first served.” Also expressed as *Na ka 'oi'oi mua ka loa'a.* (Pukui 244)

Pūlama Lāna‘i Scholarship Fund 2021-2022

Contributed by Pam Alconcel, coordinator, UHMC

The eligibility criteria for applicants for Pūlama Lāna‘i scholarships for the 2021-2022 school year are:

- Must be a recent graduate (within last five years) of Lāna‘i High School or a full-time Lāna‘i resident who is gainfully employed, part-time or full-time;
- Should be a full-time or part-time undergraduate, graduate, or non-credit student pursuing certificate or degree in high-demand fields at any University of Hawai‘i campus within Lāna‘i or Hawai‘i, including Trades (HVAC, Plumbing, Electrical, Automotive), and in Nursing, Teaching, Administration of Justice, Sustainability, Natural Resources, Business Management. Other disciplines may be considered based on funding availability;
- Continuing college students or high school graduates must have a minimum grade point average (GPA) of 2.0 or better;
- Preference will be given to applicants who intend to remain on Lāna‘i upon graduation. Recipients are eligible for funding renewal upon completion of degree or certificate, as long as they remain in the same field of study and continue to meet all criteria.

Application deadline: August 16, 2021. For more information, contact Pam Alconcel, palconce@hawaii.edu or come in to University of Hawai‘i Maui College, Lāna‘i Ed Center, to pick up an application.

2021 Kukui Mālamalama Scholarships

The Kukui Mālamalama Scholarship awarded Lāna‘i High School’s Class of 2021

graduates, Mary Claire Manuel and Kainalu Morimoto, a laptop, a backpack and \$2,000 each in May. Administered by the Lāna‘i High & Elementary School Foundation and created from donations from Pūlama Lāna‘i, the annual scholarship award goes to one male and one female student, of good character, facing financial hardship, who wish to attend university or college. The scholarship is intended to help them realize this dream.

Six high schools in Hawai‘i participate in the Kukui Mālamalama Scholarship program: Hāna High School; Kahuku High School, Ke Kula Ni‘ihau O Kekaha High School; Lāna‘i High School; Moloka‘i High School; and Wai‘anae High School.

Manuel plans to attend the University of Arizona-Tucson, and Morimoto, the University of Hawai‘i-Mānoa, in the coming Fall 2021 semester.



Kainalu Morimoto Photo courtesy of Tessie Morimoto



Mary Claire Manuel Photo courtesy of Mary Claire Manuel

Lāna‘i High School graduate nets two scholarships

Kaitlyn Purdy receives scholarship from Takitani Foundation and YWPA award from Zonta Club of Leilehua

The Mamoru and Aiko Takitani Foundation, Inc. (Takitani Foundation)

awarded Legacy Scholarships to ten high school seniors from Maui District public schools on Lāna‘i, Maui, and Moloka‘i. Kaitlyn Purdy, from Lāna‘i High School’s class of 2021, is among the recipients.

The \$3,000 Legacy scholarship is based on academic achievement, community service and financial need; there were sixty-one recipients this year, one from each qualifying public and independent school in the state. In 2021, through its Legacy Scholarship Program, the Foundation awarded \$225,000 to students throughout Hawai‘i. Purdy will attend the University of Hawai‘i at Hilo in the Fall of 2021.

Since 1993, the Foundation has annually presented scholarships to an outstanding student from every qualifying high school in the state and has awarded over six million dollars to scholarship and academic enrichment programs across the state of Hawai‘i.



Kaitlyn Purdy Photo courtesy of Kaitlyn Purdy

Zonta Club of Leilehua has awarded Kaitlyn Purdy, a 2021 Lāna‘i High School graduate, its \$1000 “Young Women in Public Affairs” (YWPA) award. Purdy is among twenty-one international and national awardees for 2021.

The YWPA Award, one of many programs for women and girls sponsored by Zonta International, recognizes young women for their commitment to volunteerism, volunteer leadership achievements, and dedication to empowering women worldwide.

According to the Zonta Club of Leilehua, Purdy was named an YWPA recipient because she is fiercely passionate about women’s rights and issues...and has had many strong women in her family as mentors.

As a member of Student Community Council, Purdy learned to work with both faculty and community members, most notably assisting Lāna‘i High School through its two-year accreditation process. “I enjoyed putting in the time and effort to analyze, assess, evaluate, and provide a voice to often make tough choices or decisions that affect the academic achievement and morale of our small island school,” Purdy says. Her engagement in the academic process is equally strong in the civic arena, as well, especially with regard to the inequities between men and women at work. “In as much (sic) as women have made steady gains across the board, realistically, there is much more to do and advocate for... therefore I will study [women’s] issues, create an awareness about the inequality of men and women in various careers while keeping my eye on the electoral process,” Purdy says. Purdy will attend the University of Hawai‘i-Hilo in Fall 2021.

The Zonta Club of Leilehua supports local and international efforts to empower women through service and advocacy. Proceeds from the club’s LUNAFEST film festival fund the YWPA award, as well as voluntary contributions to the Zonta Foundation for the Women YWPA Fund.

MPD-Lāna‘i Resource Fair

The Maui Police Department-Lāna‘i District will be hosting a Back to School Resource Fair, 9 a.m.-1 p.m., July 31, 2021, at the Lāna‘i Police Station parking lot. Government and local agencies, such as the Department of Education’s Homeless Outreach for Unsheltered Youth, Straub Medical Center, as well as MPD’s Community Relations Section, Domestic Violence Unit, among others, will be on hand to share information on the various programs and resources they provide.

Joy Medeiros, who started her tenure as the new lieutenant at MPD-Lāna‘i in April, 2021, says the Resource Fair is “a collaboration of all these agencies coming together to show the community we’re here to support them. We want to connect with them, hear their needs and understand their concerns, so we can find ways to assist, in hopes of [helping them move] forward into a healthy and prosperous future.”



Pa‘a ka waha, hana ka lima. Shut the mouth; keep the hands busy. Never mind the talking; start working (Pukui 281).

Virtues in Paradise Dreaming at the crossroads

Contributed by
Linda Kavelin-Popov

The light of hope is dawning, after long months of uncertainty, loss of health, and loss of freedom. Our communities are just beginning to open up again, yet taking careful steps, not wanting to be too certain too soon, that we are safe to resume normal life. We need to balance optimism and wisdom.



Linda Kavelin-Popov

I believe that every crossroads is an opportunity for transformative change – a fresh start, a new dream, a new plan for a better life. Change at any season brings with it great promise. The tests we have navigated in the pandemic have honed our flexibility and ignited our creativity to adapt. Everywhere, an eagerness and gratitude to resume normal life and contact is blooming. I recently witnessed local children reunited after months apart. “I’ve missed you so much,” they said to each other, embracing with joy.

Giving ourselves permission to reimagine a new narrative is a transformative decision. Change in our lives, whether we consider it negative or positive, opens the door for a new dream. “To everything there is a season, and a time for every purpose under heaven” (Ecclesiastes 3:1).

Among the many ways to “walk the mystical path with practical feet,” (Baha’i Writings) is to reflect deeply and ask our higher power what the plan is for us at this time. Let God guide you. Listen for an answer to your prayers and then act with trust that your prayer has been answered. There are three practical steps to claiming the freedom for a new dream: Let go. Say yes. Give back.

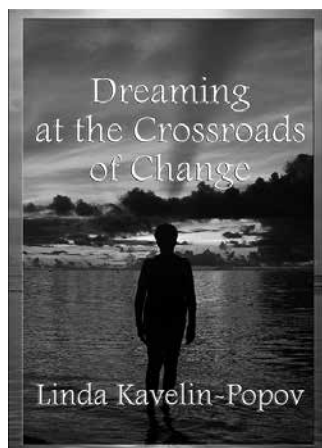
Let go of needless limitations, such as a sense of unworthiness, old habits that hold you back from healthy, joyful relationships, and resistance to growth. Change brings the opportunity to shed whatever is not kind, beautiful, useful or enjoyable within you and around you. Be open to your teachable moments.

Discover your “yeses.” What small changes would bring more joy to you and to your family? A more courteous and loving tone of voice? Doing small, thoughtful kindnesses? Doing work that you love or putting more love into your work? A driver who brings joy to all the kūpuna on the senior van (what I call “the party bus”) makes everyone feel like VIPs. His caring, helpfulness and humor light everyone’s day. Rumi, the Sufi poet, said, “Let the beauty we love be what we do. There are hundreds of ways to kneel and kiss the ground.” Find ways to increase your own joy and fun. Set boundaries around your “me time” to refresh and gladden your spirit. Remember, “When mama ain’t happy, ain’t nobody happy.” That goes for papa, too.

Give back. Make your life a blessing to others – first, to those closest to you (who often get your tired, grumpy moments), to your co-workers, and your community. Explore the wonders of courtesy. What service calls to you? Theologian Frederick Buechner said, “The place God calls you to is where your deepest gladness and the world’s hunger meet.” Many children have become kindness entrepreneurs during the pandemic. They are models of idealism, realizing their dreams to be of service, whether gathering food packages, giving gifts to homeless children, or writing cards to first responders.

With any shift in your way of living, practice gratitude. “What is to come is better for you than what has gone before. For your Lord will give you and you will be content...Keep recounting the favors of your Lord” (Koran, 93).

Linda’s latest book, *Dreaming at the Crossroads of Change*, is available on Amazon. www.lindakavelinpopov.com
www.virtuesproject.com



Reese’s Peace Ten questions to discovering your passion

Contributed by Caroline Reese

Passion is a powerful feeling of enthusiasm inside all of us. Our passions are those that when we are doing them, make us feel alive, plugged in. We lose track of time. We often are willing to do whatever it takes to master the craft or the activity. Passions are what make our hearts sing and can lead us to our soul’s purpose.



Caroline Reese

We put so much pressure on ourselves to figure out what our passions are that we chase every idea out there. Maybe we should instead make decisions whose outcomes we might never know, and accept that whatever we are currently doing will need to be enough. We like to think we have control of our lives, yet most of what we do is influenced by what we learn from other’s opinions that exist outside of us.

Discovering what you are most passionate about begins with reflecting on what you want to do, be or have. Some people know what their passion is from a very young age, while others are clueless. Letting go of the idea that you should know your passion will allow you to become open and curious.

It took me almost forty years to find my passion. I know what it is like to believe you need to stay on a particular path and to worry about what family and friends may think. I know what it feels like to be lost and unsure and to think I may not be worthy of more. I had created so many distractions in my life that there was no way I could hear what my heart was telling me.

When I began to let go of the opinions of others and allowed myself to be open to receiving guidance from within my own heart, I began to blossom.

When I began to form new patterns of thinking which reinforced that I am worthy of a purpose and that it is okay to create changes in how I think, act, and feel, changes happened. I allowed myself to become more of my authentic self, and rejected cultural and societal barriers, which then gave me a new perspective on myself and life. Discovering your passion is a gift to yourself and others.

Ten questions to kickstart your journey to discovering your passion:

1. What makes you smile? (Activities, people, events, hobbies, etc.)
2. What were your favorite things to do in the past? What about now?
3. What makes you lose track of time?
4. What makes you feel great about yourself?
5. Who inspires you most? (Family, friends, writers, leaders, artists, etc.)
6. What qualities in a person inspire you?
7. What are you naturally good at? (Skills, abilities, gifts, etc.)
8. In which things/activities do people typically ask you for help?
9. If you had to teach something, what would you teach?
10. What would you regret not doing, being, or having at all in your life?

Shift your life and plug into the things that bring you joy. It is our birthright to live life fully.



Pa‘a ‘ia iho i ka hoe uli i ‘ole e ikā i ke ko‘a. Hold the steering paddle steady to keep from striking the rock. Hold on; don’t let yourself get into trouble (Pukui 281).

From the Farm A new home for Sonia Lo’s ‘ohana

A monthly column conceived and authored by the Sensei Ag leadership team.

On June 17, Sensei Ag’s Chief Executive Officer Sonia Lo arrived on the island of Lāna‘i with her family. The daughter of a diplomat, Sonia has lived in many different countries and speaks seven languages fluently, but this will be the first time she or her family has lived in Hawai‘i. Sonia has picked up a few Hawaiian words and phrases and is looking forward to the possibility of adding an eighth language to her repertoire over time. In describing what excites Sonia the most about her move to the island state, she emphasizes that Hawai‘i is “one of the most beautiful places in the world and, from an agricultural perspective, has foods that could help change the world.” Sonia joined Sensei Ag last May and has been back and forth several times between California and Lāna‘i over the past year. She will now have the incomparable opportunity to call the island of Lāna‘i her home. “We will certainly miss our friends in California,” Sonia explains, “but we have promises from many of them to come visit us. So, in a sense, you can say we are bringing a bit of California with us!”

Sonia is looking forward to exploring the island of Lāna‘i with her family and, in particular, learning more about the incredible heritage plants on the island. Did you know that because of Hawai‘i’s isolation in the middle of the Pacific Ocean, the state has a very high proportion of endemic native plants? Nearly 90 percent of the plants that grow across the state are indigenous to Hawai‘i!

Having traveled the world growing up, Sonia has adopted traditions from many different places, but none like that of Lāna‘i. “We’ve seen such warmth, kindness and generosity even in the first few days here,” Sonia commented, “and we hope very much to learn from this amazing culture and reciprocate it at every opportunity we have.” This warmth is truly indicative of Lāna‘i and that of Hawaiian culture. It is said that ‘Ohana is a human circle of complete Aloha: those who are family and those you choose to call your family. The entire team at Sensei Farms, from our growers to sales and business development and so many more, will now be part of Sonia’s extended ‘ohana.

Sonia is particularly enthused about the opportunity to visit and be part of the Lāna‘i greenhouse farm each and every day. “I love watching the process of a farm growing food and feeding people,” Sonia says. “I missed seeing that during COVID-19 and being remote from our farms. I am excited for Sensei Farms to produce even more food as we optimize our growing techniques.”

Now that she is on the island, Sonia has the chance to work directly with the Sensei Ag team and growers at Sensei Farms, as they develop novel indoor growing techniques and technologies that help bring fresh, nutritious, delicious produce to the people of Lāna‘i and the entire state of Hawai‘i, all while using less land, water and electricity than traditional outdoor agriculture. With upwards of 90 percent of Hawai‘i’s fresh produce imported, food security remains of utmost importance. The team at Sensei Ag is working tirelessly to reduce Hawai‘i’s dependence on the mainland by reigniting the agricultural scene locally and working to replace imports.

Progress is certainly being made. Sensei Farms produce is now sold on every inhabited island, in Foodland markets across the state, and is incorporated by chefs in delectable dishes throughout Hawai‘i. This is just the beginning of Sensei Ag’s success, however. Sonia and the entire Sensei Ag team will now be working side-by-side on agricultural change and innovation with the goal of improving health and wellness in Hawai‘i – and ultimately, globally – through food.



L to R: Grandma Oak, Tony, Lillian, Sonia and Conrad.

Tasty Takeaway

Sonia’s favorite native Hawaiian food is “fresh fish, just grilled with salt and pepper; it lets the fish shine naturally.” To honor Sonia’s love for fresh fish, we bring you a seared ahi tuna salad recipe. Sonia loves to cook this dish, which features her mother’s signature ginger dressing. We hope you enjoy this fresh fish dish with your family! Serves four.

Grilled Ahi Tuna and Asian Greens Salad with Ginger Dressing

Ingredients:

1 large ahi tuna steak, ~8-12 ounces
Kosher salt and fresh pepper, to taste

Ginger dressing:

3 tablespoons simple syrup
3/4 cup Kikkoman soy sauce
1/2 teaspoon fresh ginger
1 tablespoon fresh daikon
1/4 cup lemon juice
1 tablespoon sesame oil

Salad:

4 cups Asian greens
1 cup seaweed salad
1 cup sliced radish
1 cup grated carrot
1 cup sliced snow peas
1 bunch broccolini, blanched
1 pint cherry tomatoes, halved
2 Sensei Farms cucumbers, cut into strips

Directions:

Preheat a grill or cast-iron pan until piping hot. Season your tuna with salt and pepper and grill ~1 to 2 minutes on each side before setting aside. Meanwhile, distribute all of your salad ingredients evenly among four plates or in bowls, beginning with the lettuce followed by each of the remaining vegetables delicately assembled on top. Thinly slice the ahi tuna and place it on your salad. Drizzle each salad with ginger dressing. Any additional dressing can be stored covered in the refrigerator for up to five days. Enjoy!



WHAT IS WILD AND RARE AND OLD NEEDS PROTECTING

Text and Photography by Nelinia Cabiles

Getting to the enclosures that protect the federally listed endangered nā‘ū or Hawaiian gardenia (*gardenia brighamii*) on the windward side of Lāna‘i requires good hiking shoes with an aggressive tread, for these wild and rare nā‘ū like gulches where the soil is rocky and the slope is downward and steep. The nā‘ū, thought to have inhabited all main eight islands of Hawai‘i, is now extant only on Lāna‘i and O‘ahu (nativeplants.hawaii.edu), as deer (*axis axis*) and sheep (*ovis aries*) have severely degraded its habitat in low-elevation dryland forests, and rat predation of its seeds is an ongoing threat to its survival.

Fortunately, Kari Bogner, botanist, Natural Resources, Pūlama Lāna‘i, has superb hiking boots, a reliable GPS, a strong drive (and an adventurous streak) to protect the nā‘ū, braving thickets of prickly-stemmed lantana and Christmas berry that surround the trees. Monitoring work includes collecting fruit, controlling for weeds, and re-baiting rat traps. The nā‘ū’s fruits on this particular monitoring session in June, 2021, were still green – fruits are ripe when they are soft and have some give, like a mango, so we enclosed ten of them in open-weave bags, re-baited the traps, which, with its single needle mechanism, is regarded as the most humane of traps, and we hiked to the other enclosure some distance away. On the way back up the gulch, Bogner spotted several naio (*myoporum sandwicense*) trees, growing precariously on the edge of the ridge. They, too, favor an incline, for they were thriving, heavy with fruit. We collected bags of seeds, which Bogner would later clean by removing the fleshy material, and once properly prepared, would send to the seed banks, Maui Nui Botanical Garden on Maui, and Lyon Arboretum in Honolulu; and nā‘ū cuttings to the University of Cincinnati for genetic analysis.



2021 Graduation Ceremony

Text by Nelinia Cabiles
Photography by Philo Sowers



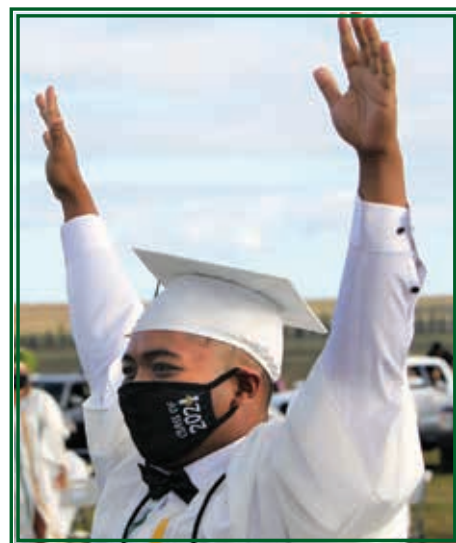
Elton Kinoshita, Lānaʻi High School principal, with the Class of 2021

When the graduates of Lānaʻi High School’s class of 2021 look back on their senior year, what will stand out to them? Will they remember a year of missing milestones – no homecoming week, no athletic contests, no senior prom, no pep rallies? No pomp and circumstance. Will a year shuttered by the pandemic, from which emerged a new lexicon to describe our circumscribed lives – social distance, remote learning, mask-wearing – define them? Or would the graduates define the time as their shining moment, when from uncertainty they learned patience, from confusion, clarity, from hardship, character? Difficulties can be life’s truest teachers. Only time will tell how an unprecedented year will shape them.

But one thing was certain on May 22, 2021, when the graduating class gathered in the green-ringed caldera of Pālāwai Basin, with their families bearing witness to one of life’s most momentous milestones, as one by one the graduates rose to their feet and strode across a field of grass to accept an emblem of their diligence and effort and learning, amidst flower leis and applause, a honking of horns, and a great rejoicing that could not be contained within the caldera, but which spilled over to the plains that were once fields of pineapple, until the whole of Pālāwai, from Hiʻi to Miki, rang with hurrahs and whooping: this was, at long last, a ceremonious milestone, a cause for jubilation; finally, some pomp and circumstance for the class of 2021 that was their due. Congratulations, graduates!



Eliasha-Lyn Romero and Souina Seiuli



Jubilation!



Personalized mortarboard



Woven mortarboard with feather tassel



Taking selfies



Well-wisher in headdress and bearing leis



Exultant graduates



Jonny Lopez-Agliam, Jessie Sigrah, Devin Vidad, Rayden Manuel

Lāna‘i Community Health Center

We welcome new providers!

Taryn Achong, our new Full Time Nurse Practitioner, was born and raised in Hawai‘i Kai, Oahu. She is a 2013 Kamehameha Schools graduate and obtained her bachelor’s in nursing at the University of San Francisco (USF), where she worked as an emergency medical technician for San Francisco County and tutored nursing students, finding a passion for community medicine, teaching, and Asian-American and Pacific Islander health. She completed her Doctorate in Nursing Practice at USF’s Family Nurse Practitioner Program while also working full time as an emergency room nurse. In her spare time, she enjoys spending time with her family, cares for two cats, reads, roller skates, and gardens.



Dr. Spencer Kim, our new Part Time Pediatric Dentist, was born and raised in Kaimuki, Oahu and attended Maryknoll High School. After graduating from the University of Hawai‘i at Manoa with a Bachelor’s degree in Biology he attended Loma Linda University School of Dentistry. Dr. Kim then completed a one-year general dentistry residency working out of the Bay Clinic in Hilo and Kea‘au. Dr. Kim enjoys the outdoors, and the “outer island lifestyle”, which prompted him to stay on as an attending at the Bay Clinic. Staying close to home, Dr. Kim completed a 2-year Pediatric dentistry specialty residency through NYU Langone’s Hawai‘i sites providing dental care to the keiki of Oahu, Maui, Lāna‘i, and the Big Island. He will be joining his cousin’s Pediatric dental practice, Kim Pediatric Dentistry, which has offices in both Kailua and Kaneohe on Oahu. In his free time Dr. Kim loves to fish and dive, and looks forward to providing excellent dental care to the children of Lāna‘i.



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565-6919 - www.lanaihealth.org - @LanaiHealth

Mammograms save lives

Do you know that one in eight women develops breast cancer sometime in life? It's just behind heart disease as the second most common killer. That is one in every eight of your loved ones – your mom, sisters, aunties, grandmas, and friends.

While it sounds like a scary statistic, the good news is that if you catch it early, breast cancer is curable.

Self-breast exams can detect lumps along with finding dimpling, redness or flakiness of the skin, inverting, or “pulling in,” of the nipple and discharge other than breast milk. Frequent self-exams can help you identify even small changes in your breasts.

However, mammograms, or x-rays of the breast, are particularly important as they pinpoint spots that are too tiny for you or your doctor to detect. Because breast cancer increases with age, it is recommended that most women ages 40 to 74 receive a “screening mammogram” every year, according to the latest guidelines by the American Cancer Society.

Maui Health, who serves the islands of Maui and Lanai with its hospitals and clinics, understands that Lanai is an isolated island with limited medical resources and it can be more challenging for Lanai women to stay up to date with annual mammogram exams.

Understanding this challenge, Maui Health's Maui Memorial Medical Center (MMMC) launched a preventative mammography program in 2019 to bring Lanai women to Maui for screening mammograms, free of charge. The first group quickly filled up and soon after, Maui Health's Lanai Mammogram Program became a monthly occurrence - taking place every second Monday of the month and accommodating up to 12 women per month.

And while the COVID-19 pandemic postponed the program for over a year, Maui Health has reopened mammogram appointments for Lanai women. The Lanai Mammogram Program day trip still occurs every second Monday of the month and includes transportation to and from Lanai Harbor and MMMC, a screening mammogram and breast education, as well as lunch.

The mammography screening program day starts in the morning with a trip on the Expeditions



One in eight women develop breast cancer sometime in life.

Ferry from Lanai to Maui. Patients are screened for temperature and symptoms prior to boarding the ferry as well as before being transported from Lahaina Harbor to MMMC in a shuttle or other transposition depending on group size. When patients arrive at the hospital they get screened again before entering the Imaging Department. Screenings are done as we continue with our strict prevention protocols to protect patients and staff, including outpatients like those in the Lanai mammogram group. All patients are screened prior to entering the hospital and provided a medical-grade mask which must be worn at all times. All common areas like the Imaging lobby, and mammogram rooms and equipment are cleaned and disinfected frequently and after every patient, and the entire hospital has enhanced cleaning protocols in place including the use of brand new, state-of-the-art UV disinfecting equipment.

Once patients are checked in at MMMC, and while they wait their turn for their screening mammogram, Imaging Department nurses provide them with self-exam education using a silicone model of a breast, so they know how hard to press and how to do it correctly. Many women confide in us that they've never done a self-breast exam before being part of this program, so this is critical education in being proactive, and for breast health and preventative care.

Once screenings are complete, a hospital radiologist reviews the films while the Lanai women are treated to a meal prepared by Executive Chef Greg Gaspar and his team in

MMMC's brand new cafeteria.

If the radiologist sees anything in the films that needs further review, patients can be taken back upstairs for additional scans that same day, so they don't have to make another trip to Maui.

If any of our Lanai mammogram program patients are symptomatic, or feel a lump or have breast pain, they will likely receive a diagnostic mammogram that same day. Maui Health wants women to feel safe, and comfortable, and to avoid any sleepless nights because they are worried, so we conduct further examinations while on Maui, if necessary.

Additionally, if needed, MMMC can help schedule a patient for surgery. Many neighbor island patients are choosing to have surgery on Maui, instead of flying to Oahu, because of the convenience and to avoid the crowds and traffic of commuting to Honolulu.

Also, it is important to understand that you no longer have to see a general practitioner to set up or receive a referral for a screening mammogram. Part of the Mammogram Quality Standard Act (MQSA), which became law in October 1992, allows women to self-refer without a doctor's prescription. So, signing up for the Lanai Mammogram Program or booking a mammogram appointment at MMMC, is quick and easy, and only takes a simple phone call with no obstacles.

To reserve a spot in the next Maui Health Lanai Mammogram Program, or for more information about Maui Memorial Medical Center's Imaging services, call (808) 243-3012.

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Bar & Grille

TACO TUESDAYS
5-9 PM

LIVE ENTERTAINMENT
THURSDAY-SATURDAY
6-9 PM

TUESDAY-SATURDAY
DINE-IN: 5-9 PM
ONLINE ORDERING, TAKEOUT,
DELIVERY: 5-8 PM



Island 

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Greg Sturm
R(S) 65206

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PROPERTIES
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HOMES

I'm all
about
Lāna'i!

CALL GREG FOR ALL YOUR
REAL ESTATE NEEDS

808-563-0170

Stay Cool and Be Prepared



As summer heats up, keep cool and save money

- Use fans instead of air conditioners
- Install motion/occupancy detectors indoors and out

For more money-saving tips, go to hawaiianelectric.com/energysaver.

Prepare your home survival kit for hurricane season

- 14-day supply of food and water for each person at home
- Portable radio, flashlight, first aid kit and more

For our Emergency Preparedness Handbook, go to hawaiianelectric.com/safety.



Hawaiian Electric



MOKULELE
A I R L I N E S
A SOUTHERN AIRWAYS COMPANY

The Airline Dedicated to Lāna'i

Serving Lāna'i with 11 daily departures to Honolulu and Kahului!

Now with nonstop flights to Moloka'i also!

Groups of 3 or more should book through the call center for best prices!

MokuleleAirlines.com
808-495-4188



Hawai'i
Daily Service —————
Lāna'i Service - - - - -

Lānaʻi Hardware & Lumber

We have the tools and supplies you need to spruce up your home and garden.

We also offer color-matching with Pittsburgh Paints, key-making services, bagged goods for gardening projects, and materials for plumbing and electrical work.

We also feature an array of birthday and greeting cards.

Come check us out!

OPEN:

Monday to Friday, 8:30 a.m. to 5:00 p.m.

CLOSED for LUNCH:

12:30 p.m. to 1:30 p.m.

Hours subject to change; please call for most current information, **565-9394**.



Centrally located at 1110 Lānaʻi Avenue, next to the service station.

565-9394



*Local non-profit agency
committed to serving our
patients and their loved ones
is hiring for:*

Nurse Case Manager

(per diem, up to 2 days a week and on call).

State of HI Nursing License and at least 2 yrs exp. in acute setting reqd. Hospice exp. pref.

Must have valid driver's license and use of own car w/valid ins/registration/safety req.

Qualified applicants, send resume to hr@navianhawaii.org or fax to (808) 791-8076

An EOE

SENSEI

Join Sensei Retreats Lānaʻi and be part of a collaborative and hard-working team dedicated to supporting guests on their journey towards wellbeing.

We're currently hiring for a variety of roles including:

- *Fitness Instructor*
 - On Call
- *Yoga Instructor*
 - On Call
- *Massage Therapist*
 - Full time & On Call
- *Hike Guide*
 - On Call (Monday to Saturday from 6:30am-9:30am and 7:00am-10:00am on Sundays)
- *Spa Assistant*
 - On Call

We're looking for seasoned and experienced candidates with the passion and skills to create a memorable wellness experience.

Review job descriptions for the above and apply at www.sensei.com/careers
Direct inquiries contact: Alison Harding at aharding@sensei.com

NEW

**More
for your
Ohana**

Our new 8 oz. Ohana Pack Lettuce Clamshells are perfectly portioned with a family in mind. Whether it's a base for a weeknight salad or a side for a family gathering, you can count on our deliciously nutritious greens to nourish and delight your ohana.



AVAILABLE AT RICHARD'S MARKET

NOW IN A LARGER SIZE!



Butter Leaf Lettuce

Leafy Green Lettuce

Romaine Lettuce

Cherry Red Lettuce

Crystal Lettuce

FRESH FROM LĀNA'I

Enjoy life at the Blue Ginger Café

The Apple Turnover

It's the trifecta of scrumptious: flaky, buttery, sweet. Bliss. Pair it with a hot, steaming cup of joe and you're off to happy land. Start your morning with a hot-from-the-oven apple turnover from the *Blue Ginger Café*. Your tastebuds will thank you.



565-6363

Serving Breakfast and Lunch, freshly baked bread and pastries - Catering for all occasions



FOUR SEASONS RESORTS LĀNA'I

We're Hiring!

- Food & Beverage
- Golf Maintenance
- Housekeeping
- Golf Guest Services
- Finance
- Information Technology
- Front Office
- Culinary
- Landscaping
- Island Activities
- Spa

apply online
<https://jobs.fourseasons.com>
inquiries
taryn.smith@fourseasons.com
 (808) 565-2611



We are looking for people to join our team at Sensei Farms to grow nutritious and delicious food right here on Lānaʻi!

Throughout 2021 we'll be hiring for roles in a variety of capacities including harvesting, logistics, food safety, and greenhouse operations.

We are looking for candidates interested in:

- Growing fresh fruits and vegetables for their friends and neighbors in the community
- Being part of a science-based and forward thinking, transparent environment
- Working with an exciting new team and learning from people with diverse backgrounds

We are currently looking to fill the following positions:

- Farm Operations Associate
- R&D Grower
- Sales Operations

Full-time and part-time positions available!

Please apply at sensei.ag/careers if you're interested in joining the team.

For direct inquiries please contact:
Scott Pisani at scott@sensei.ag



SENSEIFARMS.COM



There's no sign of the sticker craze slowing, and thank goodness for that. The Local Gentry offers a sweet array of Lānaʻi-themed stickers: thirty-six bright and eye-catching designs. Collect them all – they make perfect little gifts. Other Lānaʻi-themed merchandise coming at the end of July.



See what's new – and delightful – at

The Local Gentry!



Now Open:
 10 a.m - 5 p.m. Mon - Sat.
 Sun. - 10 a.m. - 2 p.m.
 808-565-9130

Like us on Facebook and watch for us

on Facebook Live!
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Hours subject to change pending any COVID-19-related restrictions

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HALE KŪPUNA O LĀNAʻI

HALE MAHAOLU



1144 ʻIlima Avenue



HALE MAHAOLU
 WHERE ALoha LIVES

Minimum Requirements at time of application:

1. Must be at least 62 years old.
2. RD Income Limits:
 One person - \$35,900
 Maximum Two persons - \$41,000
 Must be capable of achieving an independent living status.

Call office for more information
565-6615

Spiritual Connection Corner

Alcoholics Anonymous & Narcotics Anonymous
 Rita (760) 419-0785

Baha'i Faith
 Secretary, Local Spiritual Assembly of the Baha'is of Lānaʻi,
 (808) 563-0805, lanaibahai@gmail.com

Church of Jesus Christ of Latter Day Saints
 348 Jacaranda Street, Lānaʻi;
 Tumama Fauat'ea (808) 726-3717

House of Bread Fellowship
 Pastors Brenda and Mike Lopez,
 (808) 559-0087/0738

Ka Lokahi O Ka Mālamalama
 1 Keōmoku Highway, Kahu Freitas

Lānaʻi Baptist Church
 corner of Sixth and Gay Streets;
 Pastor Sean Oliva (808) 565-9405

Lānaʻi Seventh-day Adventist Church
 628 Ninth Street, Lānaʻi, (808) 565-7881

Lānaʻi Union Church
 751 Fraser Avenue, Lānaʻi, (808) 565-6902

Pastor Saul Kahihikolo, (808) 563-0830

Sacred Hearts of Jesus and Mary Catholic Church
 815 Fraser Avenue, Lānaʻi,
 Fr. Cipriano Alnas (Fr. Jojo) (808) 868-8562

Dogs and their humans

Text and Photography* by Nelinia Cabiles

The affection we feel for our dogs can be embarrassing. We wipe off goop from their eyes and ears, rub their bellies, and indulge, when we can, their predilections for whipped cream, ice cubes, salmon jerky, pickles. Their breath is often rank; they can cut some fetid cheese, their expressions innocent while they pass gas: “*Whoa, where’d that come from? Nope, wasn’t me.*”

We lavish upon them silly nicknames that fit them to a tee: Magnanimous; Shnickerdoodle, Bandito Fundito, Butterball Pie, private tokens of our delight. And how they delight in us, too! There is never a time when they aren’t overjoyed to see us, even when we’ve only been away for an hour.

The length we will go to help them when they are gravely ill or injured is the stuff of heroes. That’s the social contract. In matters of love, you do what needs doing to keep someone – or something – alive.

We think we are saving them when we take them in as rescues, hoping that with time and care, we will coax them out of their painful memories, and love them so deeply and well that they will be restored to their happier and trusting selves, when unbeknownst to us at the time, the reverse will be true – that they are actually rescuing us, reminding us daily, as they care for us in their own way, that they are family, and we need them, too, and that love is love, and unconditional.



Aggie and Rocky with Von, Xavier and Nicole *



Snickers and Ben Photograph courtesy of Jen Kaaikala



L-R: Hina and Kaua; Zoey and Evan Photograph courtesy of Hana Dimaya



Mila and Lucy *



Raina, Roxie, Boyboy, and Bobobaba with Cindy *



Rita and Bikini Kim *



Katsu and Mahina *



Lana with Hunter and Reece *



Island Jack and Sir William Willard Davis with Bob *



Kula with Margarette and Bob Photograph courtesy of Margarette Barsatan